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Club kayakers were out in force for the last weekend of winter. Saturday morning saw two excursion groups exchanging greetings out off Rangitoto. L–R: Erica Law, Peter Sommerhalder, Sue Noble, Colin Quilter (obscured), Ian Smeeton, Tony Hannifin, Kevin Woolcott and Philip Noble. Also active that morning were the Coffee Cruisers out of Okahu Bay and the clubbies weekending up at Vine House. PHOTO ROGER LOMAS

Auckland Canoe Club Information

Postal Address

P.O. Box 9271, Newmarket, Auckland

Clubrooms

Marine Rescue Centre, Mechanics Bay

Website

http://www.aucklandcanoeclub.org.nz

Email event reminders

send blank email to subscribe@aucklandcanoeclub.org.nz

Officers

Patron	Jim Mason	
President	Ian Calhaem	579 0512
Secretary	Neil Scott	846 4004
Treasurer	Gerard Fagan	832 9720
Trips	Will Henden	550 3699
Publicity	Roger Lomas	846 6799
Training	John Maynard	626 4096
Storage/kayaks	Gavin Baker	528 5188
Assistant	Roger Lomas	846 6799
Merchandising	Neil Scott	846 4004
Vine House	Trevor Arthur	817 7357
Newsletter	Claire O'Connor	521 1769
Webmaster	Matt Crozier	817 1984

Email addresses

patron@aucklandcanoeclub.org.nz president@aucklandcanoeclub.org.nz secretary@aucklandcanoeclub.org.nz treasurer@aucklandcanoeclub.org.nz publicity@aucklandcanoeclub.org.nz training@aucklandcanoeclub.org.nz merchandise@aucklandcanoeclub.org.nz vinehouse@aucklandcanoeclub.org.nz newsletter@aucklandcanoeclub.org.nz **Club Trip/Event Policies**

Visit the Club website for details of safety and other important policies.

Contacting trip/event organiser

You must notify the trip organiser in advance of your intention to go on a trip. Organisers need to know numbers and to be able to contact you if the plan changes.

You must also discuss with the organiser in advance any medical or other conditions (such as your experience and ability) that might affect the progress of the group.

Cancellation

If the weather looks uncertain call the trip co-ordinator.

Club Banking Details

Bank BNZ Branch Newmarket Account 02-0100-0023453-000 Name Auckland Canoe Club

IMPORTANT

If you are depositing money to the Club Account please ensure that you include YOUR name so that the Treasurer knows who deposited the money.

Internet Banking

All major banks have set up Auckland Canoe Club as a registered payee for internet banking.

This means that you can pay to

Auckland Canoe Club

without having to enter the account number. Check with your bank.

> Deadline for October Newsletter

Club Website

Access for September

15 September 2009



Kayak Hire

To book a kayak, enter details in the diary. Check diary before taking a kayak.

Kayak Hire Rates

Single kayaks	
Daily hire – out am, back pm	\$20.00
Half day – out am, back am out pm, back pm	\$10.00
Double kayaks	
Daily hire – out am, back pm	\$30.00
Half day – out am back am	
out pm back pm	\$15.00

- Please enter details of hire in register and on an envelope.
- Put money in envelope and place envelope in honesty box.
- No I.O.U.'s!
- Carry or wheel kayaks to water.
- No seal launching.
- Please wash kayaks before returning to rack.
- Report faults or problems on the faults/problems sheet.

KAYAK STORAGE AVAILABLE

3 x spaces for multisport kayaks

2 x spaces for sea kayaks

Phone Gavin on 528 5188

Skills Practice

Skills / Rolling Practice - Okahu Bay

Come along to Okahu Bay on Sundays at 10am to brush up on your skills!!

For more information please phone John Williams on 021 131 0516

NEW MEMBERS



Welcome

The Committee extends a warm welcome to the following new members ...

The Peck family – Tony, Nicki and Ryan.

Regular Events

Vine House – Last Weekend of Every Month

On the last weekend of each month we have the use of Vine House.

This gem in Mahurangi Harbour is a 2 km paddle from Sullivans Bay, which is the ARC park at the end of the Mahurangi West Road, first on the right past Puhoi.

The house sleeps 10 and has all creature comforts. Bring sleeping bag, pillow case and food. A shared meal and nibbles is the norm for Saturday night, so bring your goodies.

Lagoon Bay is very tidal, so bringing a kayak trolley is a good idea. The range of paddling is endless, eg Waiwera, Warkworth, Kawau Island, Motuora Island – your choice. Or just rest and read and enjoy this tranquil and special place. We recommend you take a carry bag to get all your gear up the track to the house. Secure parking is at Sullivans Bay. Leave a note on your dashboard reading "Vine House Volunteer" when you park in front of the ranger's house.

Please ring to book a bed, and for detailed directions. **Trevor 817-7357, Matt 817-1984**.



Tuesday Evening Paddles

A small group of informal paddlers usually meets at the Okahu Bay ramp at about 5:30pm on Tuesday nights.

Saturday Morning Paddles

If you are into good coffee, good company and usually a leisurely paddle then these are the trips for you.

A small but growing group meet about 9:00am on Saturday mornings to paddle to one of the beaches – St Heliers, Kohimarama or Mission Bay for coffee.

Note: Paddlers under 18 to be accompanied by a guardian!

A weekend on the Whanganui River – 7th & 8th August

Jackie Hillman

The 6.15 alarm call saw seven faces deciding whether to climb out of their sleeping bags and pack up gear to be ready to put kayaks on the water for the planned 7.30 start.

However a quick look at the fog outside the cabin at the Taumarunui Motor Camp and the layer of ice on the kayaks suggested a later start might be prudent.

The plan was to get 3 runs of the 22km stretch of the Whanganui River from Cherry Grove to Ohinepane that day, with a further 2 runs on the Sunday.

The trip was organised by the Auckland Tramping

Club in preparation for a 3 day trip they have arranged in September. The aim was to give some of the novice paddlers some river experience and confidence prior to that trip.

Ryan Whittle and I tagged along for the trip to get some time on a river neither of us had previously paddled.

Carol, the trip organiser was delayed arriving in Taumarunui by a family crisis until Saturday pm but could not resist a 6.45am phone call to check we were all up and not contemplating having a lie in!

We had 6 kayaks (a mixture of sea kayaks, a double sit on top and a fibreglass small river boat).

Sandy, a wonderful 67 year old local Taumarunui woman, lead the way down the river to guide us through the best lines in the rapids which were hard to assess in the fog.

By 10am the fog lifted and revealed a nice bank for a refreshment stop with time to warm the hands and reassess the clothes needed to paddle. Gloves and pogies were essential until the day warmed. Freezing hands are no fun paddling I found.

With the sun out and clear views of the river it was fun to attack the rapids and enjoy the landscape of paddocks and steeper river valleys with streams entering and a few waterfalls. The river flow was



steady with enough water to cover most of the rocks making paddling comfortable. The rapids were quite manageable and the novice paddlers who followed the lines taken by the more experienced paddlers gained confidence and river experience.

The road bridge across the river indicated we had paddled ³/₄ of the trip. Later a small white road bridge on the right alerted us we were approaching the pull out point at Ohinepane where there is a boat ramp and area of river stones. This leads up to a car park and large grass area ideal to sort out kayaks and gear and have a picnic while listening to the river.



Continued on page 5 >>

Poet's Corner

The toxic loans were bad enough But now it's toxic seaslugs Don't feast upon this tasty dish Beware the tetrodo bug Especially dogs whose game it is To pick up all and sundry Bits of this and stinky fish They could be dead by Monday As if the dogs have not enough To fret their doggie minds Man Bites Dog in Backyard Feast They read the billboard headlines I started out while paddling To think about the Spring A conspicuous lack of dogs about My morbid thoughts took wing There's one important lesson here I never fail to miss Don't read or listen to the News

Ignorance is Bliss The Recession is Receding I can't quite make that out Is the Planet getting warmer Dare I Cast a Clout Of course about this time of year Spring always comes around Give or take a month or two We'll all be seaward bound So forget about the seaslugs The wars the planet's woes At least for just an hour or three Hold on beware El Ninos Such dilemmas horns and all Must not prevent our getting In our boats and out there Recap Here Comes the Spring.

Mike Randall

A weekend on the Whanganui River – Continued from page 4

Everyone had a choice to the number of runs they wanted to do each day and we all met for a communal roast dinner Saturday evening washed down with plenty of red wine.

This gave us time to catch up on the adventure the last group had on the river. One had tipped out during a rapid and was briefly trapped in her kayak. The rapidly worsening light and the time taken to sort her out meant it became clear a change of plan was required as the takeout point was no longer reachable. So this necessitated a climb up the bank through blackberry bushes dragging the kayaks to the road where they flagged down a car to take someone to pick up the kayak trailer. It made a late return to the motor camp.

> All ended well and we had a bonus of finding the lost paddle the next day on the river bank near to the rapid where she had fallen out.

A great weekend and easily organised from Auckland. We left Friday afternoon reaching Taumarunui around 7.30 pm having stopped to eat on the way. We were back in Auckland around 8pm Sunday evening. Maybe a trip Auckland Canoe club should consider.

Many thanks to Auckland Tramping Club for the invite.



Club Trips – September 2009

Please phone Wednesday or Thursday to express interest.

Please contact Will on 550 3699 if you are available to take a trip to your favourite destination or one of the following.

Note: Trips will start at the time announced. Ensure you are on time or be left to catch up.

Saturday, 5 or Sunday, 6 September Cup of tea on Crusoe Island

Crusoe is a tiny island in the channel between Motuihe and Waiheke Islands, and well worth a visit.

Interesting features include the smallest beach in the Hauraki Gulf; a great place for a cup of tea!

Departure will be from Bucklands Beach at a time to catch the outgoing tide. The trip home will also be tide-assisted. Paddling time will be 1.5 hours each way, return by mid to late-afternoon. Bring lunch, snacks and a thermos.

We'll pick whichever day in the weekend has the best forecast; to find out the date and time of departure, listen to the message on Colin's answerphone anytime after 6pm on Friday night, tel. 630 2219. To discuss the trip with him phone that number or 360 6271.

Saturday, 12 September

Time for another trip to Dacre Cottage

Leave from Waiake Beach and paddle past a few small coves and round into the Long Bay Regional Park then up to the mouth of the Weiiti River and back to Dacre Cottage for lunch. See some unusual properties only accessible at low tide, and the historic Dacre Cottage set amongst a backdrop of pine forest and paddocks.

Roughly 2 hours paddling each way.

For details phone Will 550 3699

Tuesday, 15 September

Winter Lecture Series, 7.00pm for a 7.30pm start, Marine Rescue Centre, Tamaki Drive

South American Holiday Adventures with John Maynard and Anne Nichols

Followed by **Coastal Kayaking** with Paul Bradshaw **For more information phone Roger on 846 6799**

Saturday, 19 September

Matheson Bay to Goat Island (return)

Depart Matheson Bay. Lunch at Goat Island then paddle back. It's a fair distance, probably a couple of hours' paddle each way. Bring civvies for optional trip to Sawmill cafe after paddle.

For details phone Jodi Yeats 445 3639

Sunday, 27 September

Riverhead Pub

Cruise the Upper Harbour and have lunch at the Riverhead Pub. Opportunity to explore the tidal Rangitepuni Stream and bush. Start and finish from Christmas Beach on Herald Island. Just 3–4 hours paddling, suit beginners.

Meet at 10.30am for an 11 o'clock start, returning approx 5pm.

For details phone Peter Sommerhalder 631 5344

Pre Xmas Swim Escort dates confirmed

The dates have been set for the Auckland Central Masters Swimming Inc Swim Escorts.

Herne Bay – Masefield Beach (Pt Erin)

Date 22nd November, 2009 Start 11.15 am

Masefield Beach (Pt Erin) – Chelsea Sugar works

Date 6th December, 2009 Start 10.15 am

We will give you the exact timings for briefing and reconfirm race start times closer to the date.

For both these Swim Escorts you have a couple of choices to get there:

1) Join in by taking your kayak to Pt Erin and then doing the Escort. A very easy day.

or

2) Take a lazy, easy paddle from Okahu Bay to Pt Erin (about an hour), do the swim escort and then paddle back to Okahu Bay. It is fun passing the wharves, going through the Westhaven yacht basin and dodging inner harbour traffic on the way back.

I highly recommend these swim escorts. It is a great opportunity to join in and meet a few people in the club. We usually have a BBQ afterwards and also the club gets paid per Kayak for our support.

After Xmas You can pencil in the 21st of March 2010 for the Rangitoto to St Heliers escort as that is confirmed. We will let you know the time for the St Heliers to Tamaki Yacht Club as soon as it has been confirmed.

Winter Lecture Series 2009

The final lecture for this year's series will be held on **Tuesday September 15th at the Marine Rescue Centre**. The 'full house' sign was up at last month's lecture with extra seating needed. Arrive early and grab a good seat.

Our club rooms at the Marine Rescue Centre on Tamaki Drive provide the ideal venue to catch up with club mates for a pre show chat. It is also a great opportunity for newer members to rub shoulders with the old salts and become more involved in club activities. If you would like to bring along some friends they will be more than welcome.

There is a positive energy of inspiration generated at these winter talks that often goes on to motivate future expedition endeavours. A little bit of crafty networking with fellow attendees may well garner you involvement in something exciting next summer.

South American Holiday Adventures

with John Maynard and Anne Nichols.

Anne and Johns' pics and memories of the wonders of Peru: 21 days travelling to Lima, Pisco, Nasca, Arequipa, Titicaca, Cusco, Machu Picchu, and the Amazon Jungle. – Anne and John





Followed by:

Coastal Kayaking

Paul Bradshaw.

I enjoy kayaking around rocky coastlines and exploring caves and arches. I keep an eye on the weather and wave forecasts and duck out when all are aligned. These pictures are from just such an occasion in September when we kayaked at The Poor Knights. Roger, very kindly, says he likes my photos, so I have included a few extra pictures for discussion about what works for me when taking kayaking pictures. – Paul





Meet at the Marine Rescue Centre at 7.00pm for a 7.30 start. A \$2 door charge covers your supper and helps with a gift for our guest speakers. Need more info? Roger Lomas 846 6799

Going with the Flow

Circumnavigating Puketutu Island

Erica Law

What to do with such a lovely day as Sunday 26 July. A shame to waste such a beautiful deep winter day lounging around in the sun at home. So find a couple of companions, and venture out on the Manukau to lounge around in the sun in a kayak.

John, Dorothy and myself made a leisurely start around 11am, launching off French Bay near Titirangi, going with the flow up the harbour. A good plan to travel this part of the Manukau on a rising, near-high tide, so as to take a direct path over the sand banks rather than sinuous routes around them. After an hour, with a slight SE breeze behind, we reached Puketutu Island for a morning tea and comfort stop. Paddling anticlockwise round to the back (SE) of the island with the wind dropping, we reached the stop bank by the canal/causeway just on high tide.

It had seemed an elegant idea to circumnavigate Puketutu Island. It didn't seem so great as we wrestled our kayaks onto the stop bank, with hands immersed in the polluted-looking water beside the rocky embankment and feet balanced precariously on the boulders just under the water's surface. Nor as we struggled ankle-deep in the black mud to enter the canal beside the road.



But this was soon forgotten once across to the Ambury Park side of the causeway, especially as we approached the Park foreshore in a breathless calm, mirror-like sea, the hundreds of oystercatchers, stilts, white-faced herons, shags, gulls, ducks, terns and waders of various descriptions, rising as one into the air as we approached; entranced by the spectacle of some dozens of snow white Royal Spoonbills circling the heavens above.



We pointed our noses back to French Bay, drifting with the early pull of the outgoing tide on a glassy sea. John lost his coke in the bowels of his kayak, but found stability enough to exit his kayak mid harbour and wriggle head first into his cock pit to fish out the missing bottle.

It's surprising how quickly conditions can change on the Manukau. One moment flat calm, the next requiring some effort in order to make headway across the waves created by wind (a light westerly) against tide. Ten minutes of exercise, and we were back at French Bay. These spontaneous trips are so often the best.

Trip times (approx): 1½ hrs to stop bank on south side of Puketutu Island causeway. ¾ hr to 1 hr to portage for three kayaks across the stop bank, canal, and causeway road. 1½ hrs to drift and paddle back to French Bay. Trip planned for travel up harbour with the incoming tide, and back with the outgoing tide.







President's Report

Dear All,

I was fortunate this month to be able to go on a trip to Kaukapkapa River organised by Helen Orchard.

It was a great trip as few of us had been there before and it was good to explore somewhere new. However, my main reason for talking about it was as an example of how things can work in the Club. Helen had advertised the trip in the Newsletter but then at the last moment found she could not make it. Rather than cancel the trip I suggested that it should go ahead anyway and it was very successful. We had a great group of kayakers, young and old, experienced and novice, but we all enjoyed the trip and the mud!

This is the way club trips should occur, someone has a bright idea, and enough get up an go to advertise it, then others can join in and make it happen. We have a immense wealth of knowledge amongst our members and everyone is willing to share.

Don't think that if you suggest a trip that you have to be the "leader" and know all about it. Tell others that you are looking for assistance and it will be there.

Happy and safe paddling,

Ian



Having lunch on the Kaukapakapa River bank (left to right): Kurt, Gary, Ian, Jess, Joc, Bev, Peter. PHOTO ERICA LAWE

Lost Items

Orange Kathmandu Dry Bag containing bright orange jacket

If anyone has found these items on their travels, please phone Philip Noble on 575-3493.



AUCKLAND CANOE CLUB MEMBERSHIP APPLICATION FORM

		New MemberRenewing		
Surname:	First Na	ime:		
Family Name(s)				
Address:	Suburb:	City:		
Phone (home):	Mobile:	 Fax:		
Phone (work):	Email:			
Rate your Experience:	ate your Experience: 👘 I have completed a basic skills course.			
O No Experience				
Novice (confidently forwa	rd and backpaddle, paddle for 30 m	ins without rest)		
Intermediate (able to bra	ce, perform a deep water entry, pac	ddle for at least 2 hours or 25 km)		
Advanced (self rescue in a	ll situations, off-shore paddling exp	perience)		
Do you own a kayak? 🛛 🔿 Yes	○ No If YES list typ	e(s):		
Please select the types of kayaking yo	ur are most interested in:			
Sea kayaking	Touring	Sea kayaking racing		
Whitewater	Surf/rodeo/polo	MultiSport		
Kayak trips: Are you interested in co-o	rdinating kayak trips ?	○ Yes ○ No		
To comply with the Privacy Act 199	3, please read and complete the f	form below.		
	Ol Agree Ol Disagi	ree		
concerning me in the Club correcting this information w The Auckland Canoe Club an	Newsletter or to National Canoe A nere applicable. d its officers take no responsibility vhile participating in the Club's kay	none Number or any other information Associations. I accept responsibility for for any injury any person may suffer, or yaking activities. Any Person, who does		
Signed:	Signed: Date:			
Fees for the year ending 31 Ma	arch 2010	Total Payment		
⊖ Member \$30	ily \$35 🛛 Life Member	O Cheque O Bank Transfer		
Post to: Auckland Canoe Club, PO Bo		Name: Auckland Canoe Club Particulars: Your name & initials		
Print Form	Submit by Email	Code: Subscription		