



## August 2009

Club Information .....	2	Poet's Corner.....	4
Club Trip/Event Policies .....	2	Club Trips.....	5
Club Banking Details .....	2	Winter Lecture Series.....	6
Website Password .....	2	President's Report .....	7
Kayak Hire .....	3	Membership Application Form ....	9
Regular Events.....	3		
New Members.....	3		
Rhamnus on Brown's Island .....	4		



**What is Brian doing?** Come to our club rooms for the third of our Winter Lectures on Tuesday August 18 for his explanation!! (See page 6)

PHOTO COURTESY BRIAN STRID

## Auckland Canoe Club Information

### Postal Address

P.O. Box 9271, Newmarket, Auckland

### Clubrooms

Marine Rescue Centre, Mechanics Bay

### Website

<http://www.aucklandcanoecub.org.nz>

### Email event reminders

send blank email to

[subscribe@aucklandcanoecub.org.nz](mailto:subscribe@aucklandcanoecub.org.nz)

### Officers

<i>Patron</i>	Jim Mason	
<i>President</i>	Ian Calhaem	579 0512
<i>Secretary</i>	Neil Scott	846 4004
<i>Treasurer</i>	Gerard Fagan	832 9720
<i>Trips</i>	Will Henden	550 3699
<i>Publicity</i>	Roger Lomas	846 6799
<i>Training</i>	John Maynard	626 4096
<i>Storage/kayaks</i>	Gavin Baker	528 5188
<i>Assistant</i>	Roger Lomas	846 6799
<i>Merchandising</i>	Neil Scott	846 4004
<i>Vine House</i>	Trevor Arthur	817 7357
<i>Newsletter</i>	Claire O'Connor	521 1769
<i>Webmaster</i>	Ian Calhaem	579 0512

### Email addresses

[patron@aucklandcanoecub.org.nz](mailto:patron@aucklandcanoecub.org.nz)  
[president@aucklandcanoecub.org.nz](mailto:president@aucklandcanoecub.org.nz)  
[secretary@aucklandcanoecub.org.nz](mailto:secretary@aucklandcanoecub.org.nz)  
[treasurer@aucklandcanoecub.org.nz](mailto:treasurer@aucklandcanoecub.org.nz)  
[trips@aucklandcanoecub.org.nz](mailto:trips@aucklandcanoecub.org.nz)  
[publicity@aucklandcanoecub.org.nz](mailto:publicity@aucklandcanoecub.org.nz)  
[training@aucklandcanoecub.org.nz](mailto:training@aucklandcanoecub.org.nz)  
[merchandise@aucklandcanoecub.org.nz](mailto:merchandise@aucklandcanoecub.org.nz)  
[vinehouse@aucklandcanoecub.org.nz](mailto:vinehouse@aucklandcanoecub.org.nz)  
[newsletter@aucklandcanoecub.org.nz](mailto:newsletter@aucklandcanoecub.org.nz)  
[webmaster@aucklandcanoecub.org.nz](mailto:webmaster@aucklandcanoecub.org.nz)

## Club Trip/Event Policies

Visit the Club website for details of safety and other important policies.

### Contacting trip/event organiser

You must notify the trip organiser in advance of your intention to go on a trip. Organisers need to know numbers and to be able to contact you if the plan changes.

You must also discuss with the organiser in advance any medical or other conditions (such as your experience and ability) that might affect the progress of the group.

### Cancellation

If the weather looks uncertain call the trip co-ordinator.

## Club Banking Details

*Bank* BNZ  
*Branch* Newmarket  
*Account* 02-0100-0023453-000  
*Name* Auckland Canoe Club

### IMPORTANT

**If you are depositing money to the Club Account please ensure that you include YOUR name so that the Treasurer knows who deposited the money.**

### Internet Banking

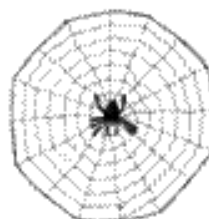
All major banks have set up Auckland Canoe Club as a registered payee for internet banking.

This means that you can pay to

**Auckland Canoe Club**

without having to enter the account number.

Check with your bank.



**Club Website  
Access for August**

**Password Nani**



**Deadline  
for September  
Newsletter**

**11 August 2009**

## Kayak Hire

To book a kayak, enter details in the diary.  
Check diary before taking a kayak.

### Kayak Hire Rates

#### Single kayaks

Daily hire – out am, back pm \$20.00

Half day – out am, back am  
out pm, back pm \$10.00

#### Double kayaks

Daily hire – out am, back pm \$30.00

Half day – out am back am  
out pm back pm \$15.00

- Please enter details of hire in register and on an envelope.
- Put money in envelope and place envelope in honesty box.
- **No I.O.U.'s!**
- Carry or wheel kayaks to water.
- No seal launching.
- Please wash kayaks before returning to rack.
- Report faults or problems on the faults/problems sheet.

## Skills Practice

### Skills / Rolling Practice – Okahu Bay

Come along to Okahu Bay on Sundays at 10am to brush up on your skills!!

For more information please phone  
John Williams on 021 131 0516

## NEW MEMBERS



### Welcome

The Committee extends a warm welcome to the following new members ...

The Gorrell family – Janet, Sebastian, Celeste, Lola and David Anstiss; and the Fowler family – Jeremy, Margaret, Ben, Jim, Luke, Max and Laura.

## Regular Events

### Vine House – Last Weekend of Every Month

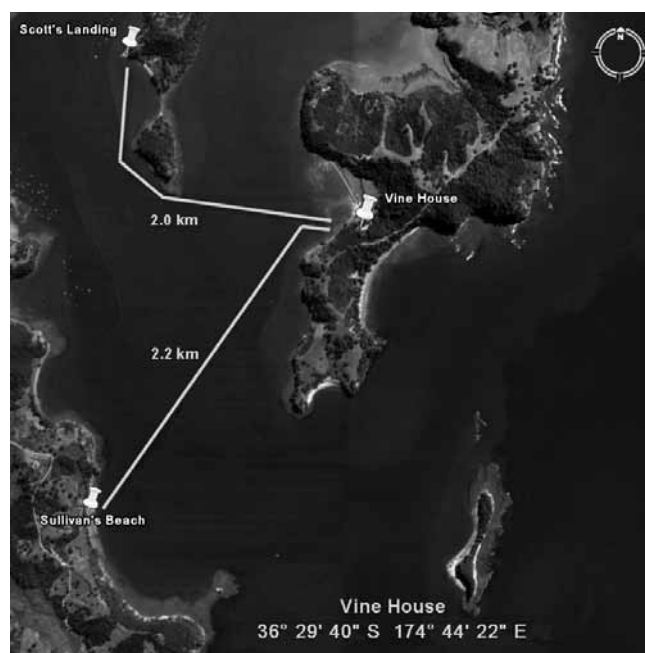
On the last weekend of each month we have the use of Vine House.

This gem in Mahurangi Harbour is a 2 km paddle from Sullivans Bay, which is the ARC park at the end of the Mahurangi West Road, first on the right past Puhoi.

The house sleeps 10 and has all creature comforts. Bring sleeping bag, pillow case and food. A shared meal and nibbles is the norm for Saturday night, so bring your goodies.

Lagoon Bay is very tidal, so bringing a kayak trolley is a good idea. The range of paddling is endless, eg Waiwera, Warkworth, Kawau Island, Motuora Island – your choice. Or just rest and read and enjoy this tranquil and special place. We recommend you take a carry bag to get all your gear up the track to the house. Secure parking is at Sullivans Bay. Leave a note on your dashboard reading “Vine House Volunteer” when you park in front of the ranger’s house.

Please ring to book a bed, and for detailed directions.  
**Trevor 817-7357, Matt 817-1984.**



### Tuesday Evening Paddles

A small group of informal paddlers usually meets at the Okahu Bay ramp at about 5:30pm on Tuesday nights.

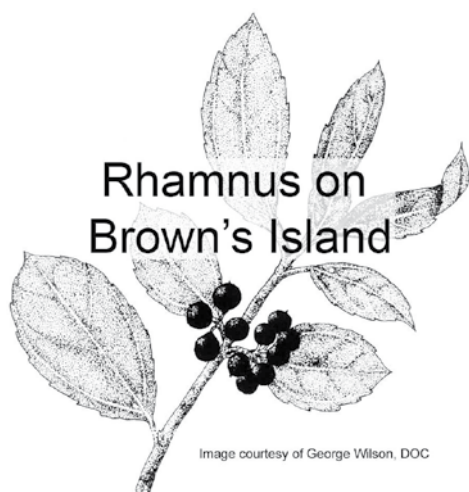
### Saturday Morning Paddles

If you are into good coffee, good company and usually a leisurely paddle then these are the trips for you.

A small but growing group meet about 9:00am on Saturday mornings to paddle to one of the beaches – St Heliers, Kohimarama or Mission Bay for coffee.

**Note:** Paddlers under 18 to be accompanied by a guardian!

## Rhamnus on Brown's Island



Last year our club spent a day destroying *Rhamnus* plants on Browns Island. *Rhamnus alaternus* is an invasive alien, a fast-growing evergreen tree originally from the Medi-terranean. It grows well in exposed coastal situations, and will out-compete and smother our own native Pohutukawa if given the chance. Female *Rhamnus* have red berries which are eaten and dispersed by birds, so once a few trees become

established their progeny will spread rapidly over a large area.

DOC is keen for us to continue our work on Browns Island. I think it's possible that, with repeated visits, our club could keep the plant completely under control there. Elsewhere (for example Motutapu Island) eradication of *Rhamnus* will be a huge task and will only be achieved with great expense and manpower.

In spring we'll organise another attack on *Rhamnus* with as many paddlers as possible; but in the meantime it would be good to take advantage of the occasional fine winter weekend to go to the island in smaller groups, arranged at short notice.

**If you are willing to come on one of those winter trips, and would like to be know when one is being planned, please give Colin Quilter your contact details. He will then ring you on Thursday or Friday evening, when the forecast for the weekend is good, so you can join a small group going across to the island. To contact Colin phone 630 2219 (or if no answer then try 360 6271), or email [c.quilter@auckland.ac.nz](mailto:c.quilter@auckland.ac.nz)**

## Poet's Corner

*A pod of Orca passed this way  
On their way to the city  
For a night on the town  
Through Mission Bay  
Past the Fish Jail  
Deli for Dolphins  
Orca might say  
For the home going watchers  
It made their day  
Bringing mid winter smiles  
Oh there's a baby one  
How cool is that  
They went on their way.*

*Back from their clubbing  
The very next morning  
Baby and all past Kohi beach  
On to St Heliers  
Children agog seeing  
Orca play frisbies  
With stingrays their favourite  
Orca fast food  
Said Orcum to Youngorc  
Watch what I do  
We'll put on a show for those Nonorcs on shore  
The Nonorcs were smiling  
As they stood by their cars.*

*Kids down from the school  
Look that one is waving  
That's reeeally cool  
Another one said  
There's not much to see  
I just saw some fins  
One jumped at a seagull  
Down in a flash  
Feathers and all  
Just normal behaviour  
For New Zealand Orcas  
Said Ingrid the expert  
The crowds were entranced.*

*The pod all had names  
According to Ingrid  
Such as Porky the fat one  
Pigging out on the rays  
Aucklanders smiling  
What more can you ask  
On a mid winters morn  
Show over for now  
They took off to the deep  
Which species the wiser  
I suspect the folk wonder  
As they ponder the world  
And trot off to work.*

*Mike Randall*

## Club Trips – August / September 2009

Please phone Wednesday or Thursday to express interest.

Please contact Will on 550 3699 if you are available to take a trip to your favourite destination or one of the following.

**Note:** Trips will start at the time announced. Ensure you are on time or be left to catch up.

### Saturday, 8 August

#### Kaukapakapa River

We will explore this river which borders the Kaukapakapa Estuary Scientific Reserve on its flow into the Kaipara Harbour.

Paddling upstream with the incoming tide, we will find a place for lunch and then return downstream when the tide has turned.

We should be off the water round about 3.15pm.

Bring your togs for an optional post paddle swim at the Parakai Hot Pools.

Meet at 10.30am for an 11am start at the Springs Rd jetty and boat ramp at Parakai. (Drive through Parakai and just past the hot pools and domain area, take the first road on the right (Springs Rd), and follow it down to the Kaipara River.)

**For trip details phone Helen Orchard 444 1397**

### Sunday, 16 August

#### Waiwera River

Explore the remoteness of the tidal Waiwera River, look up to the new motorway and paddle under the giant bridge. This is an easy paddle of about 3.5km each way, suitable for beginners, sea kayaks and sit-on tops. Bring snacks and drink. Optional visit to the Waiwera hot pools afterwards.

Meet in the parking area off the main road in Waiwera, where there is usually a van selling oranges.

Launching off the boat ramp next to the river bridge.

Meet at 11am for a 11.30 start, returning about 4pm.

**For details phone Peter Sommerhalder 631 5344**

### Sunday, 30 August

#### Islands of the Gulf

Leaving from Kohimarama, paddle out for morning tea at Browns Island, then on to beautiful Motuihe Island for lunch. Returning to Kohi, via Rangitoto is an option.

**Contact Phillip Noble on 575 3493 for details**

### Saturday, 5 or Sunday, 6 September

#### Cup of tea on Crusoe Island

Crusoe is a tiny island in the channel between Motuihe and Waiheke Islands, and well worth a visit.

Interesting features include the smallest beach in the Hauraki Gulf; a great place for a cup of tea!

Departure will be from Bucklands Beach at a time to catch the outgoing tide. The trip home will also be

tide-assisted. Paddling time will be 1.5 hours each way, return by mid to late-afternoon. Bring lunch, snacks and a thermos.

We'll pick whichever day in the weekend has the best forecast; to find out the date and time of departure, **listen to the message on Colin's answerphone anytime after 6pm on Friday night, tel. 630 2219. To discuss the trip with him phone that number or 360 6271.**

### Saturday, 12 September

#### Time for another trip to Dacre cottage

Leave from Waiake Beach and paddle past a few small coves and round into the Long Bay Regional Park then up to the mouth of the Weiiti River and back to Dacre cottage for lunch. See some unusual properties only accessible at low tide, and the historic Dacre Cottage set amongst a backdrop of pine forest and paddocks.

Roughly 2 hours paddling each way.

**For details phone Will 550 3699**

### Saturday, 19 September

#### Matheson Bay to Goat Island (return)

Depart Matheson Bay. Lunch at Goat Island then paddle back. It's a fair distance, probably a couple of hours' paddle each way. Bring civvies for optional trip to Sawmill cafe after paddle.

**For details phone Jodi Yeats 445 3639**

### Sunday, 27 September

#### Riverhead Pub

Cruise the Upper Harbour and have lunch at the Riverhead Pub. Opportunity to explore the tidal Rangitepuni Stream and bush. Start and finish from Christmas Beach on Herald Island. Just 3–4 hours paddling, suit beginners.

Meet at 10.30am for an 11 o'clock start, returning approx 5pm.

**For details phone Peter Sommerhalder 631 5344**

## KAYAK STORAGE VACANCY

If you want to store your kayak  
in the Club locker

**Phone Gavin on 528 5188**

## Winter Lecture Series 2009

**The third of our Winter Lectures will be held on Tuesday, August 18 at the Marine Rescue Centre.**

This year's series will once again showcase the adventures of our own club members who, as ever, are out there doing it. Over consecutive months from June through till September our winter series will recount an array of outdoor activities and adventures. These will include coastal kayak exploration at a variety of locations around the homeland shores and cycle and trek adventures that go well off the beaten track in foreign lands.

Our club rooms at the Marine Rescue Centre on Tamaki Drive provide the ideal venue to catch up with club-mates for a pre-show chat. It is also a great opportunity for newer members to rub shoulders with the old salts and become more involved in club activities. If you would like to bring along some friends they will be more than welcome.

There is a positive energy of inspiration generated at these winter talks that often goes on to motivate future expedition endeavours. A little bit of crafty networking with fellow attendees may well garner your involvement in something exciting next summer.

### Tuesday August 18 2009

#### **An Intrepid Journey with Brian Strid in Vietnam**

At the end of last year I took my mountain bike to Vietnam and over five weeks rode solo from Hanoi via the north west highlands to Ho Chi Minh City, parked up the bike for a week and took a bus trip to Ankor Wat in Cambodia, including the Killing Fields of Nom Penh and also down to the Mekong Delta.

In the highlands after leaving Sa Pa I had two weeks of not having an English conversation yet hundreds and hundreds of personal interactions with some of the most intimately friendly people I have ever met. It was not the tourist route but it was big country.

Overall I stayed in guesthouses or hotels and generally ate roadside. I was hot and sometimes felt I was frying. In total I rode a little over 1300km.

*Brian*



### Tuesday August 18 2009

#### **Philip and Sue Noble will talk about their trip along the Northland Coast**

Sue and I have, over the past few years, had the privilege of some great kayaking holidays paddling the coast of New Zealand, both with groups from the club and on our own. Our conclusion is that the journey IS more important than the destination, so if you would like to hear about our latest and possibly our most satisfying trip up the Northland Coast, join us at the August Winter Series.

*Philip and Sue*



**Meet at the Marine Rescue Centre at 7.00pm for a 7.30 start.**

**A \$2 door charge covers your supper and helps with a gift for our guest speakers.**

**Need more info? Roger Lomas 8466799**

## President's Report

Dear All,

Spring is on its way... and that means a lot more of you will be active on the water. Usually I find winter is a magic time for kayaking as although the temperature is colder the weather is often more stable and I have had some spectacular early morning paddles on glassy seas watching the sun come up over the horizon. Sadly this year we have had lots of rain and I must confess to succumbing to my warm bed some mornings.

However as I write this note the sun is shining and I will soon be heading down to the water later for a paddle.

Other club members have been stronger willed and there have been plenty of trips to lots of exciting places. I would encourage our newer members to take advantage of these trips and the learning that takes place whilst you are having fun. There is no better way to learn than by going and doing it. Our club members have a wealth of experience and are only too willing to share that with you. Please don't be offended if they ask a little bit about your background – this is for your safety and the safety of those in the group. We want all trips to be fun and it is the weakest member of the group that determines what can be achieved.

I attended two meetings this month on behalf of the Club, the first was held by Mike Lee chairman of the Regional Council as an update for kayakers on the progress of the proposed amendment to the Navigation bylaw. The process that had been used to evaluate everyone's ideas was explained and although not everyone agreed it was pointed out that it was a complex process trying to satisfy all the requirements of a working port, recreational power boats and paddle craft.

The outcome of that meeting was agreement that a small group of kayakers would have another meeting to examine the proposed wording of the bylaw before it was put to the full Council.

The second meeting I attended was also held by the Regional Council but was about Storm water. Now I can hear you ask – "*What has that got to do with kayaking?*"

I was invited to attend because I had followed up an enquiry from one of our members in response to a comment I had made last month about Okahu Haulage keeping the water in the Okahu Bay clean for paddlers like us. Several members told me that they did not know what sea squirts looked like. The regional Council has recently published a DVD for boaties giving details of unwanted marine pests – including sea squirts.

We are probably all aware of didymo, a pest that is spreading in South Island rivers but there are also pests that have invaded the coastline as well. Sea squirts are one such pest and is affecting Northland coastlines. We are all familiar with the Pacific Oyster and how much damage it can cause to the hull of a kayak, but do you know that this is a recent immigrant thought to have been brought to Auckland by the boats that brought the Nippon Clip ons for the Harbour Bridge only 25 years ago.

Biosecurity NZ ask that if you find something that you are unfamiliar with, please put it in a plastic bag and put it in the freezer when you get home. Then ring 0800 80 99 96 and they will advise you what to do next.

Safe paddling,

*Ian*

### Here already



*Mediterranean Fanworm*



*Pacific Oyster*

Continued on page 8 ➤

*Here already continued*



*Sabella Lyttelton*



*Sea Squirt*

**Unwanted**



*Asian Clam*



*Caulpera seaweed*



*Star Crab*



*Chinese Mitten Crab*



*European Shore Crab*

**Found Something?**  
To report suspected exotic disease or pests in animals, plants, fish or bees, call us on  
**0800 80 99 66**



# AUCKLAND CANOE CLUB MEMBERSHIP APPLICATION FORM



- New Member**  
 **Renewing**

**Surname:** \_\_\_\_\_ **First Name:** \_\_\_\_\_  
**Family Name(s)** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Suburb:** \_\_\_\_\_ **City:** \_\_\_\_\_  
**Phone (home):** \_\_\_\_\_ **Mobile:** \_\_\_\_\_ **Fax:** \_\_\_\_\_  
**Phone (work):** \_\_\_\_\_ **Email:** \_\_\_\_\_

*Rate your Experience:*  I have completed a basic skills course.

- No Experience**  
 **Novice** (confidently forward and backpaddle, paddle for 30 mins without rest)  
 **Intermediate** (able to brace, perform a deep water entry, paddle for at least 2 hours or 25 km)  
 **Advanced** (self rescue in all situations, off-shore paddling experience)

*Do you own a kayak?*  **Yes**  **No** **If YES list type(s):** \_\_\_\_\_

*Please select the types of kayaking your are most interested in:*

- Sea kayaking  Touring  Sea kayaking racing  
 Whitewater  Surf/rodeo/polo  MultiSport

*Kayak trips:* Are you interested in co-ordinating kayak trips?  **Yes**  **No**

*To comply with the Privacy Act 1993, please read and complete the form below.*

**I Agree**  **I Disagree**

To let the Auckland Canoe Club publish my name, address phone Number or any other information concerning me in the Club Newsletter or to National Canoe Associations. I accept responsibility for correcting this information where applicable.

The Auckland Canoe Club and its officers take no responsibility for any injury any person may suffer, or any damage to equipment, while participating in the Club's kayaking activities. Any Person, who does participate, acts at his or her own risk.

**Signed:** \_\_\_\_\_

**Date:** \_\_\_\_\_

## Fees for the year ending 31 March 2010

- Member \$30**  **Family \$35**  **Life Member**

**Post to: Auckland Canoe Club, PO Box 9271 Newmarket, Auckland**

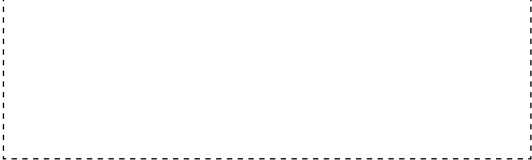
Print Form

Submit by Email

## Total Payment

- Cheque**  **Bank Transfer**

**Bank:** BNZ, Newmarket  
**Acct:** 02-0100-0023453-000  
**Name:** Auckland Canoe Club  
**Particulars:** **Your name & initials**  
**Code:** **Subscription**



From: Auckland Canoe Club, P.O. Box 9271, Newmarket, Auckland



To:

