



July 2008

Club Information	2
Club Trip/Event Policies	2
Club Banking Details	2
Website Password	2
Editorial.....	3
President's Report	3
Regular Events.....	3
Safety By-Law	4
Kayak Safety.....	5
First Aid Course	6

Winter Lecture Series.....	6
New Members.....	6
Club Trips.....	7



Lake Waikaremoana.

PHOTO RONA PATTERSON

Auckland Canoe Club Information

Postal Address

P.O. Box 9271, Newmarket, Auckland

Clubrooms

Marine Rescue Centre, Mechanics Bay

Website

<http://www.aucklandcanoecub.org.nz>

Email event reminders

send blank email to

subscribe@aucklandcanoecub.org.nz

Officers

<i>Patron</i>	Peter Godfrey	520 5444
<i>President</i>	Ian Calhaem	579 0512
<i>Secretary</i>	Alissa Good	269 5888
<i>Treasurer</i>	Gerard Fagan	832 9720
<i>Trips</i>	Will Henden	486 6215
<i>Publicity</i>	Roger Lomas	846 6799
<i>Training</i>	John Maynard	626 4096
<i>Storage/kayaks</i>	Gavin Baker	528 5188
<i>Assistant</i>	Roger Lomas	846 6799
<i>Merchandising</i>	Neil Scott	846 4004
<i>Vine House</i>	Trevor Arthur	817 7357
<i>Newsletter</i>	Peter Sommerhalder	631 5344
<i>Webmaster</i>	Ian Calhaem	579 0512

Email addresses

patron@aucklandcanoecub.org.nz
president@aucklandcanoecub.org.nz
secretary@aucklandcanoecub.org.nz
treasurer@aucklandcanoecub.org.nz
trips@aucklandcanoecub.org.nz
publicity@aucklandcanoecub.org.nz
training@aucklandcanoecub.org.nz
merchandise@aucklandcanoecub.org.nz
vinehouse@aucklandcanoecub.org.nz
newsletter@aucklandcanoecub.org.nz
webmaster@aucklandcanoecub.org.nz

Club Trip/Event Policies

Visit the Club website for details of safety and other important policies.

Contacting trip/event organiser

You must notify the trip organiser in advance of your intention to go on a trip. Organisers need to know numbers and to be able to contact you if the plan changes.

You must also discuss with the organiser in advance any medical or other conditions (such as your experience and ability) that might affect the progress of the group.

Cancellation

If the weather looks uncertain call the trip leader. The Newstalk ZB Cancellation Service is no longer being used.

Club Banking Details

Bank BNZ
Branch Newmarket
Account 02-0100-0023453-000
Name Auckland Canoe Club

IMPORTANT

If you are depositing money to the Club Account please ensure that you include YOUR name so that the Treasurer knows who deposited the money.

Internet Banking

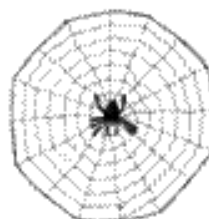
All major banks have set up Auckland Canoe Club as a registered payee for internet banking.

This means that you can pay to

Auckland Canoe Club

without having to enter the account number.

Check with your bank.



Club Website Access for July

Password Motuihe



Deadline for August newsletter

12 July 2008

Editorial

You may think this issue is somewhat thin – yeah right! My excuse is that during the winter months we enjoy “live” Winter Lectures rather than reading trip reports. “Our Nobby” (Philip Noble) and wife Sue surely had us under their spell with the video of paddling the Grand Canyon in 1975. And exploring the Hauraki Gulf kindled the desire in many of us to go out and experience the wonders on our doorstep.

We are taking a look at the changes in the Bylaw affecting seakayakers from this month. And really, there is nothing to be scared of, as our club has been well prepared and informed in advance.

Happy paddling,

Peter Sommerhalder

Editor

President's Report

Dear All,

Thanks to Roger our Winter Series of Lectures has begun and we were enthralled this month to learn about the various kayaking trips available on our doorstep. Philip and Sue Noble gave us an insight into their work of adventure and I am sure will have sparked an interest in many of our members to go and try these trips out for themselves.

Perhaps not so for the second half of the Lecture...

Philip – a much younger Philip – showed us what he got up to. Kayaking down the Grand Canyon was an awe inspiring adventure. Those that know some of the New Zealand Rivers will have appreciated the size of the waves in the rapids and also the length of the rapids. To many of us the surf at Piha can look intimidating, but the wave there are just ripples on the pond.

Next month we again go abroad but you will have to wait until the 16th July to find out the details.

Don't forget that we have some new faces on the committee so make sure that they receive your support. They are all volunteers who give up their time to support your activities.

Happy Paddling,

Ian

Regular Events

Vine House – Last Weekend of Every Month

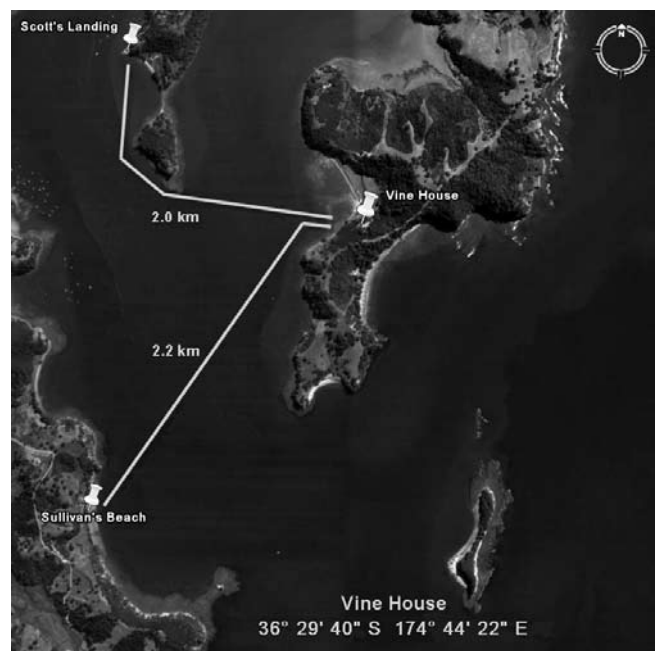
On the last weekend of each month we have the use of Vine House.

This gem in Mahurangi Harbour is a 2 km paddle from Sullivans Bay, which is the ARC park at the end of the Mahurangi West Road, first on the right past Puhoi.

The house sleeps 10 and has all creature comforts. Bring sleeping bag, pillow case and food. A shared meal and nibbles is the norm for Saturday night, so bring your goodies.

Lagoon Bay is very tidal, so bringing a kayak trolley is a good idea. The range of paddling is endless, eg Waiwera, Warkworth, Kawau Island, Motuora Island – your choice. Or just rest and read and enjoy this tranquil and special place. We recommend you take a carry bag to get all your gear up the track to the house. Secure parking is at Sullivans Bay. Leave a note on your dashboard reading “Vine House Volunteer” when you park in front of the ranger's house.

Please ring to book a bed, and for detailed directions. **Trevor 817-7357, Matt 817-1984.**



Tuesday Evening Paddles

A small group of informal paddlers usually meets at the Okahu Bay ramp at about 5:30pm on Tuesday nights.

Saturday Morning Paddles

If you are into good coffee, good company and usually a leisurely paddle then these are the trips for you.

A small but growing group meet about 9:00am on Saturday mornings to paddle to one of the beaches – St Heliers, Kohimarama or Mission Bay for coffee.

SAFETY BY-LAW

Most of us are aware that the Auckland Harbour Master is enforcing changes in the Bylaw relating to the safety of small boat users operating in the area of the Auckland Regional Council. This will affect us paddlers primarily in the harbour area from the 1st of July this year. "Heck, what do I have to do now!" will be the first reaction from most of us. Well, it will not change much for those who are active seakayakers already using safe equipment.

High visibility

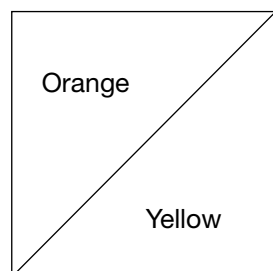
Paddling beyond 200 metres from the shore, we need to be seen by "other boaties" and therefore wear high visibility clothing. Orange and yellow, or a combination of both, are the most visible colours. Using a bright coloured buoyancy vest, and or paddle jacket, takes care of this request. Should you not have any of these, a high viz vest, as used by truck drivers, road and construction workers, worn over dark paddling clothes, will be the answer. These vests have been tested and are available in sizes to fit over buoyancy aids. Unfortunately they will restrict easy access to the pockets where your scroggin, flares or VHF radio are kept.

The highest point sitting in a kayak is the head. It is important again to wear a cap or hat made of a bright colour. Brands in fluorescent colours available are Buff head gear or Adapt-a-Cap. Of course they also protect from sunburn and keep your head warm in cold windy conditions.

But one of the first things spotted when cruising towards or past a pod of seakayakers is a "chopper flag". This idea became popular from chopper bikes some years ago. We mount them on the rear deck of the kayak. They should not get in the way of a spare split paddle or when executing a self rescue, so the attachment point has to be chosen carefully. Again use a bright fluorescent orange or yellow colour, or a combination of both. But be careful not to inadvertently display a man-over-board signal which is Orange triangle at the top, yellow triangle at the bottom with the yellow nearest the pole.

The flag should be just above head height, which means the shaft, usually a flexible fibreglass rod, has to be about 1.20 metres long.

Man Overboard Flag NOT allowed!



Night paddling

Here we face a more serious change. On all club trips at night we require that paddlers have a white light fitted, which is visible from all around, and to carry a Dolphin torch on the front deck, used for emergencies. The commercial available night lights are difficult to see, even if a group of kayakers paddle together. They blend in with other shore based lights when paddling in or near the harbour. The only light passing the test of being visible at a distance of two nautical miles (about three and a half kilometres) is the Hella light available from the Auckland Canoe Club. It has been developed with input from Ian Calhaem. It is a LED light running on batteries. One model gets fitted to the rear deck of a kayak, with the battery sitting inside a waterproof box in the rear hatch. The other is fitted to a waterproof Pelican type square box, which can be strapped to the rear deck of a kayak. Therefore it can be used on whatever kayak the paddler intends to take on a night trip. The lights come with a charger, so using re-chargeable batteries make it more economical.



The white reflective tape on our Club kayak bounces the flash from the camera.

One more "thing" is essential to increase visibility when on the water, be it night or day: reflective tape. Strips of self-adhesive tape should be attached to each side of the kayak, above the waterline. And also onto the paddle blades, on both faces – front and rear. The swivelling blades high above the paddlers head are the very first thing seen from a distance, by night or day. The reflective tape sourced and sold by Auckland Canoe Club creates an amazing effect. It is available in white, and you simply cut them to the shape you want.

Continued on page 8 ➤

KAYAK SAFETY

The following article was published in The Sea Canoeist Newsletter. It was written by David Fisher, a Wellington Network paddler and member of KASK, who is also a Coastguard vessel skipper.

Identify Your Kayak

I recommend that all owners of kayaks and boats, small vessels of any type, ensure their craft has an identifying name or equivalent written on it. I suggest your name and phone number, including local area code, written where it can be seen, particularly when the kayak is empty, eg. inside your cockpit somewhere.

If you have a registered call sign (for a marine VHF radio) I recommend you write this on your kayak also, and I suggest writing it on the foredeck just in front of the cockpit, so you can read it easily if making a radio call to maritime radio.

By having your kayak identifiable, in the unlikely event that you become separated from your boat and someone else finds your kayak, it will help the police track you down and hopefully confirm that you are safely ashore, or conversely that you are considered overdue, and they should keep looking for you. Also if your kayak is simply lost or stolen, you have a better chance of getting it back.

An indelible felt marker pen is the easiest way to write either on fibreglass or plastic. If you take the gloss off the surface with a light scuff, using 400 to 600 grit wet and dry sandpaper, the letters stay on better, and an added bonus is you can then write in pencil on the surface, should you want to.

Editor's note: Writing in pencil on the deck is useful for notes of compass bearings or frequently used VHF channels. These notes can easily be wiped off when no longer needed. Another useful tool for this is an ice cream container lid tied to the kayak deck. I have also noticed that many Auckland paddlers now have their name and VHF call sign neatly displayed on the side of their kayak, using pre-cut vinyl lettering. As one paddler aptly mentioned, it helps him remembering his own call sign when floating in the water and being confused.

Safety By-Law – continued from page 4



Red reflective tape on the front of a black carbon paddle blade. The rear of this blade also has tape attached.

Full details of the tests on visibility of kayakers done by the Auckland Harbour Master, Maritime NZ and Coastguard, with the help of Auckland Canoe Club paddlers, are on the club website under Library. Our merchant officer, Neil Scott, is happy to assist with information on safety equipment, including purchasing of high-viz vests, reflective tape and night lights.

So what will I be doing now? Firstly I will put money aside to purchase a night light (\$150–\$250), and when available test the new buoyancy aid (PFD) being developed for kayakers by Hutchwilco and Maritime NZ.

Below is a selection of safety equipment available from our merchant officer.

High vis vest	\$5.00
Reflective tape	\$1.00 per strip (4 strips required per 2 blade paddle)
High Vis Cap	\$30.00
Air Horn	\$30.00 with pump
Kayak Light	Approx \$250 including base with battery and charger

Postage if required will be extra dependent on what is purchased.

FIRST AID COURSE – REGISTER NOW

We intend to run a Two-Day Outdoor First Aid Course for our members. The course will be hands-on using scenario-based interactive learning, conducted by qualified instructors from First Aid Training. Course cost for the two-day course is normally \$215. The club will be offering a very generous subsidy for our members. Proposed date would be a weekend late in August or early September.

A one-day revalidation course is also available for

people who have done their first aid course within the last two years and need to renew their certificate.

If you are interested, please register NOW. We need to know your name, phone contact and email address by 31st of July. Dates, course costs and all details will be confirmed by early August.

Please register with Alissa Good, our club secretary, preferably by email secretary@aucklandcanooclub.org.nz, or phone 09 269 5888.

The Winter Lecture Series 2008

Escaping Winter in the Whitsundays – Wednesday 16th July

Last July Colin Quilter and Mike Randall flew to the Whitsunday Islands on the Queensland Coast for a kayaking holiday. Most of the islands there are National Parks, and they are dotted with small wilderness-type campsites which are surprisingly little-used. Colin and Mike had a fortnight of blue skies, warm water, tropical beaches and coral reefs. If you are looking for an affordable escape from the cold wind and rain in Auckland, come along on Wednesday, 16 July, to see photos of their trip and hear how they organised it.

The Winter Lecture series is open to everyone, so feel free to bring along a friend. It is also an ideal evening to catch up with club mates and provides a good opportunity for newer members to meld in with our friendly club.

**Meet at the Marine Rescue Centre on Tamaki Drive at 7.00 pm for a 7.30 start.
A \$2 door charge covers your supper and helps with a gift for our guest.**

The Winter Lecture Series will run over consecutive months from June through to September.

For more information phone **Roger Lomas on 846 6799.**

NEW MEMBERS



Welcome

The Committee extends a warm welcome to the following new members ...

**Hala Akkad; Jeff Amsden;
Richard and Ian Caddy;
Chris, Louise, Olivia-Grace
and Juliet Forde; Robert Groothuis;
Jonathan Iles; Nancy and Bruce Rankine;
Liane Rogers; Brent Torrins and Marlize
van Greuning.**

Club Trips – July 2008

Please phone Wednesday or Thursday to express interest.

Please contact Will on 486 6215 if you are available to take a trip to your favourite destination or one of the following.

Note: Trips will start at the time announced. Ensure you are on time or be left to catch up.

Weekend of 28th or 29th June

MOTUIHE ISLAND

The beautiful and familiar Hauraki Gulf

Paddle from Okahu Bay out the Motuihe Island for a spot of lunch and a thermos of coffee. Bring your fishing lines and perhaps a frypan to cook your kahawai.

Call Gerard 832 9720 (hm), 021 0715917 (mob) for departure time and day (Saturday or Sunday).

Weekend of 5th or 6th July

WARKWORTH TO ALGIES BAY

Trip from Warkworth to Algies Bay

Paddle tide assisted down the river out from the undergrowth and into the Mahurangi Harbour. We will be travelling past historic Scots Landing and the Vine House and out into the ocean to a lunch break at Big Bay. This is a truly stunning spot on this piece of coast. Then we paddle north up an untouched length of beaches and reefs, until reaching Mullet Point where it's a short paddle into Algies Bay.

Meet at Warkworth, down by the river side opposite Hunting and Fishing at 8:30 am. Car shuttle, then on the water just after 9:00.

Call Mike Scanlan 09 425 5135 for more information if required, and book your space.

Saturday 12th July

TE ATATU TO HERALD ISLAND

Circumnavigate Herald Island.

Join Jimmy and other fellow club members for a journey only kayakers can lay claim to. Paddle from Te Atatu up into the Upper Harbour past the site where the old flying boats were stationed, then up to unique Herald Island, where we will circumnavigate the island. Lunch at Christmas Beach or a suitable spot, and then cruise past the Te Atatu peninsula back to the cars. Two hours each way paddling time.

Call Jimmy 834 8008 for finer details.

Saturday 19th or Sunday 20th July

MOTUORA ISLAND

Get away from it all

Distance yourself from the hustle and bustle and discover Motuora Island, one of the true gems of the Hauraki Gulf.

Lunch on either side of the island, one side offering a terrific beach and the comforts of a well situated Doc Campground (check it out for a summer camping trip) and the other beautiful beach set beneath a gentle hillside with pohutakawas and a great reef to check out for a return snorkelling trip in summer. Leaving from either Wenderholm or Martins Bay, decided on the day, so as to take advantage of any breeze available for an easy cruise back to the cars.

Call Gerard 832 9720 (hm), 021 0715917 (mob) for departure time and day.

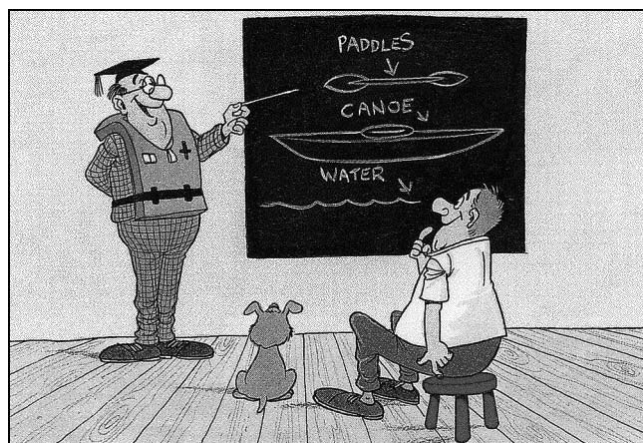
Saturday 26th or Sunday 27th July

DACRE COTTAGE

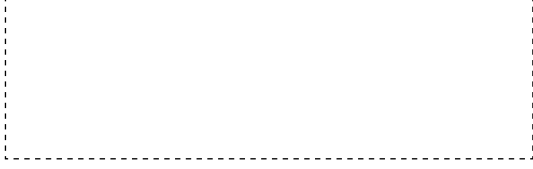
Time for another trip to Dacre Cottage

Leave from Waiake Beach and paddle past a few small coves and round into the Long Bay Regional Park, then up to the mouth of the Weiti River and back to Dacre Cottage for lunch. See some unusual properties only accessible at low tide, and the historic Dacre Cottage set amongst a backdrop of pine forest and paddocks. Roughly 2hrs paddling each way.

Call Will 486 6215 (hm) 021 260 2117 (mob) for departure place, time and day (Saturday or Sunday).



Get proper training!



From: Auckland Canoe Club, P.O. Box 9271, Newmarket, Auckland



To:

