



Newsletter

September 2003

Hello Folks,

Winter is over, Spring is here and Summer is fast approaching. I am suffering from severe withdrawal symptoms as I have been unable to get out on the water during the beautiful calm days that we have had. I am sure that I am not alone and I hope that we can all meet on the water in the near future.

You will see from the events calendar that there are some interesting trips coming up. You can explore streams, train in moving water, or explore offshore islands. If your community spirit is coming to the fore, then you also have the opportunity to assist our project at Vine house, or assist in the Motuihe Project.

Last but by no means least, the Club's Jubilee program is about to start and everyone is encouraged to join in. We have a long history and our members have many interesting tales to tell. Cheers,

Ian

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Deadline for next month's newsletter: 14 October 2003

Useful phone numbers and addresses

Club address	PO Box 147-282, Ponsonby, Auckland				
President	Matt Crozier	817 1984	Publicity Officer	Roger Lomas	579 8799
Vice President	Lindsay Sandes	522 3344	Safety & Training	Ken Marsh	828 0701
Patron	Sue Sommerhalder	815 2073	Storage & Club		
Secretary	Rona Patterson	834 3399	Kayaks	Lindsay Sandes	522 3344
Treasurer	Alan Edwards	820-8115	50th Anniversary:	Peter Sommerhalder	815 2073
Membership	Matt Crozier	817 1984	Vine House:	Andrew Frances	021 142 4857
Trips Officer	Morgan Lewis	620 4005	Newsletter Editor	Ian Calhaem	579 0512
	Morganl@xtra.co.nz			IanCalhaem@xtra.co.nz	

The Club maintains two e-mail groups:

To subscribe to the discussion list, send a blank e-mail to: auckland-kayakers-subscribe@yahoogroups.com
For event reminders, send a blank e-mail to: auckland-canoe-club-subscribe@yahoogroups.com

Where can you go to get training?

Auckland Canoe Centre, phone 815 2073

Basic confidence course, Henderson Pool, Tuesday evenings
- \$120 for four sessions.

One-on-One rolling, Henderson Pool, Tuesday evenings
- \$149 for three sessions. \$55 for single 90 minute lesson.
Multisport Grade 2 Certificate, white water, sea kayaking
one and two-day courses run frequently.

Canoe and Kayak, phone 479 1002

Sea Kayaking intro course – Friday pool session, plus Sat/Sun
9 – 5, \$230

Rolling sessions, Northcote College Pool - \$150 for four ses-
sions.

White water, Multisport, Advanced Sea Kayaking, First aid and
First aid refresher courses available.

Fergs Kayaks, phone 529 2230

Basic paddling skills – paddle strokes, rescues – Sunday
morning, Okahu Bay - \$30 for Club members.

Learn to roll, one-on one, heated pool - \$60 per hour.

White water, and Multisport River Racing courses also avail-
able.

George Gerard, phone 814 8989 (hm), 367 0959 (wk).

Pool Training, Kelston Girls, Thursday evenings - \$95 for
first three sessions, \$10 thereafter. Intro Sea Kayaking,
White water, and Down River Racing courses on request
– courses are designed to fit what the participants want
- \$100 per day (approx), plus boat hire (\$10 / day)

Outdoor Discoveries Ltd, Chris Gulley, phone 813 3399

Intro Skills \$155, overnight Ocean Kayaking Course \$245.
Surfing Courses also available. Courses run by profes-
sional SKOANZ Assessors/Guides. Details on website
www.outdoordiscoveries.co.nz

Positively Outdoors, Liz Maire and Christine Mcleod, ph 473 0027, fax 473 0731.

Two-day OSH certified outdoors first aid course - \$140

10% discount if four or more club members enrol for a course.

There are also a few club members that are experienced
instructors and with a bit of encouragement (bribery
and/or arm-twisting!) might be coaxed into giving a training
session...

Ian Calhaem, Rebecca Heap, Ken Marsh, John Maynard,
Mike Randall.

Safety Policy for Club Trips.

- 1 Any Club member who has any doubt about whether or not their skills are sufficient for a particular trip MUST contact the trip leader ahead of time to discuss safety issues.
- 2 It is your responsibility to wear a buoyancy aid, to be suitably dressed for the conditions, and to carry any other personal safety equipment necessary for the trip.
- 3 You must make a realistic assessment that your strength and endurance are sufficient for whatever is planned.
- 4 You must be able to re-enter your kayak (with help from another paddler if necessary) after a capsize in deep water.
- 5 With night paddling it is everybody's responsibility to provide their own large lens flashlight, or fixed all-round white light on a one metre high pole, in working order and mounted on the outside of the kayak where it can be seen at all times.
- 6 Use a craft appropriate for the trip. A kayak with water-tight bulkheads is essential for open sea kayaking. Sit-on kayaks are usually too slow to be able to keep up with sea kayaks, therefore, are not recommended on trips planned for sea kayaks.

Trips and Events Calendar

Remember to contact the trip leader before you set out. This is important because the leader needs to know the capabilities of those who are coming and to be able to contact you if the plan changes. Please be aware that you paddle on a Club trip at your own risk. Read the safety policy (page 2). If there is any chance that you may be a liability to the rest of the group or to the leader be sure to inform the leader of this before you set out.

TRIP CANCELLATIONS

The Club is now using "Newstalk ZB" cancellation service. This can be listened to on 1080AM or 89.4FM.

The service runs on Saturday and Sunday from 7:00am.

This should eliminate the multitude of phone calls to trip leaders when the weather looks suspect.

Regular Evening Paddles

Remember... you **MUST** have either an all-round white light on a pole, or else a large-lens (eg. Dolphin) torch, in good working condition, mounted on the outside of your kayak. This is actually a legal requirement, so, no light, no paddle. As discussed in a previous Newsletter, the Coastguard, do not recommend the use of flashing lights. It is apparently difficult to judge their distance and they are also used to signify danger. Also, it is advisable before going out on an evening paddle that you attend a basic skills course and ensure you are fit enough to be able to paddle for one hour.

All paddlers **MUST** provide their own night-lights. All skill levels welcome. Meet at Okahu Bay by 5:30pm, ready to be on the water by 5:45pm. An experienced paddler will be rostered on to look after new/novice/slow paddlers. Fitter and more-experienced paddlers can form their own group(s). Trips usually last 1 – 2 hours, destination dictated by tide, weather conditions and skill levels. Club boats can be hired at the subsidised rates of: \$5 to club members, and \$10 for non-members/guests. (At all other times, Club boat hire is \$20/day or part day , for members and guests.)

September

21 September Sunday The Opuataia Stream beckons you intrepid explorers. From the Klondyke to the Waikato, the Opuataia twists and turns its way through the deep valleys of rugged farmland. Join us when we enter the stream near Onewhero and paddle almost to the main river. This expedition, which will take 3 or 4 hours, is not suitable for sea kayaks because of their length. (there are no rapids). Those of you who do not have a river boat, please contact me in plenty of time so I can help you to get one. We will initially meet at Mercer at 0830 and organise the car shuttle there. **Contact Brian Strid @ (09) 2388084**

27th September, Moving Water Training. Paddle from Waiiau Pa to rapids, 11.00am to 3. 30pm. Meet at boat ramp, bring lunch, warm clothes. Small boats preferred but sea Kayaks OK. **For more details please phone Ken Marsh on 8280701.**

October

4-5 October - Vine House Working Bee The last of the winter series. Thank you to the core group who have kept coming back over the last few months. More fun is in store. Bring \$5 for another divine feast prepared by Ralph. **Ring Stephanie for details. Ph 8345 769**

Sunday 12 October. Ponui Island Meet at Kawakawa Bay boat ramp at 0830 to paddle around Ponui Island. You must be able to handle both the distance which is in the region of 30km and also the conditions that might arise considering the trip is most unlikely to be cancelled because of weather. **Contact Brian Strid @ (09) 2388084**

17-19 October, Exploration of coastal region and Kawakawa Bay, Pakihi Is from Orere point. Join us at Orere Point Holiday Park which is a delightful setting at the northern reaches of the Firth of Thames. There is a sheltered beach and a sparkling river close by the holiday park, the park it self has Tourist flats and cabins, the amenities have all the mod con's. For more details please phone **Morgan Lewis on 6204005 or email morgani@xtra.co.nz**

Labour Weekend (October 25, 26,27) Motuihe The Motuihe Project is currently underway and your Committee have agreed to support the Project in a small way during Labour Weekend. This is a tangible way we can repay the pleasure gained during previous visits to the Island. The plan is for club members to visit the Island for a day or camp over the weekend and take part in as much or as little of the tree planting, nursery work or moth plant eradication as you like. Shared dinner Saturday night. **Please contact Rona (834 3399) to confirm.**

25 October Mangahao Dam whitewater run. Next release for Grade 3+ whitewater run from Mangahao Dam No 2 is scheduled for Sat Oct 25, Labour weekend. (Shannon, North Island). **Check www.rivers.org.nz for further release data etc.** Alan Bell For NZ Recreational Canoeing Association.

November

11th November 7 pm Jubilee Get-Together Night ACC clubrooms upstairs from Fergs shop, 12 Tamaki Drive, Okahu Bay For more information phone **Peter at work 815-2073**, or email peter@kayak.co.nz or phone **Rona 834-3399**, email ronap@splurge.com.nz

15-16 November - Waihou river low tide at Thames is 4.20 pm Waihou river from Matamata to Thames will be a two day trip starting from Opal hot springs near Matamata overnighting on the way and finishing at Thames, this is a nice river with a good flow but safe for all levels and will be about 6 hours of paddling per day. Stay at the hot springs on the Friday night and ready for the start on Saturday **contact Evan Pugh 07 883 6898** sheepskinsnstuff@xtra.co.nz

Pres Sez

Welcome Back Margaret & Ray! There was some debate as to whether we'd ever see them again but after 14 months of touring Ozzie, they've come back for a rest. Time for another Dinner @ DeNiros to catch up and hear their stories – Wed 17/9.

Foreshore and Seabed

The government has released its proposal for protecting public access and customary rights in the foreshore and seabed, and have invited submissions to the proposal. (See <http://www.beehive.govt.nz/foreshore>). As many of you know, this has been a hot topic in recent months. A number of outdoor organisations (including KASK) have banded together to put forward a joint statement to support the Government's proposed creation of 'public domain' for the foreshore and seabed. Our club will be putting forward our similar concerns as well. If you are passionate about your free access to our coastline, then you are encouraged to put in a submission yourself.

Orakei Marina Development

I attended the hearing last month and stated our position as mentioned in the last newsletter. The project drew 90 submissions in support but more than 200 against. Planning commissioners reserved their decision after the hearing. For a summery, see the article in the New Zealand Herald -

<http://www.nzherald.co.nz/storydisplay.cfm?thesection=news&thesubsection=&storyID=3521394>

Mahurangi Bach (Vine House)

The working bees are progressing well despite the weather. The location, from a shelter point of view, is proving ideal as it just doesn't seem to get any ill effects from any direction. Probably because Vine House sits tucked away at the centre of a virtual spiral that extends up the Mahurangi Peninsula and over to the mainland. The steps are half complete and the water tank has been cleaned out. It just needs to be lined.

For the application process, we had to consult with neighbours and interested parties. We've made good relations with the neighbours and their replies are glowing with recommendation. Much thanks especially to Glenda Van der Mass & Georg Kohlap, and Mark & Lindsay Kirby for their support.

Winter Series

The Winter Series club nights have now come to a close. Thanks to all the speakers who contributed and to Roger and his helpers for putting another successful series together. Please remember that if you have something exciting to tell or show, we'd love to see it! Any excuse for a general get-together and chinwag over the cold season. So think about this for next year.

Training

Ken Marsh has finished with outdoor sessions and is concentrating on pool sessions, which will run until October. A lot of work has gone into organising a venue for this so do support these on an otherwise boring Monday night.

Web Site

Andrew Francis has started working on a generic website for the club. A 'real' one, with our name on it! It will initially contain basic information about the club, updates on the Jubilee celebrations, and Vine House. Watch this space!

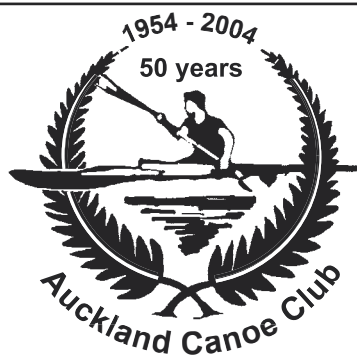
50th Jubilee

The jubilee celebrations will be launched in November. See the calendar for details. We have resurrected and touched up an old club logo that we will use throughout the year.

Happy paddling - M@

(817 1984, matt@vsl.co.nz)

Jubilee Get-Together Night



Join for a social get-together in the club rooms and get the Jubilee celebrations under way. The bar will be open, fingerfood served, and a guest speaker will be invited. We would like to display memorabilia representing the club's history. Please bring along photos, trophies, scrap books and good stories. This is an opportunity to register for the Jubilee activities and the planned dinner in March next year. Place: Multihull and ACC clubrooms upstairs from Fergs shop, 12 Tamaki Drive, Okahu Bay. Date: 7 pm, Tuesday, 11th November 2003. For more information phone Peter at work 815-2073, or email peter@kayak.co.nz; or phone Rona 834-3399, email ronap@splurge.com.nz .

REGISTRATION FORM - 50 Year Jubilee Auckland Canoe Club

Please return the completed form to: Rona Patterson, Secretary ACC, 23 Spinnaker Drive, Te Atatu Peninsular. Cheques for \$10 registration fee should be made out to: Auckland Canoe Club, or fill in credit card details.

Name _____

First Name _____

Address _____

Phone H _____ W _____ Mobile _____

Email _____

C/card VISA Mastercard No _____

Exp _____ Name on card _____

I am interested in Jubilee paddling events Wanganui River Trip Jubilee Dinner

other suggestions _____

My connetion to ACC is; _____

Comments/suggestions: _____

**16 - 20 May 2004 Auckland Canoe Club
50th Year Celebration**

Trips Officers Trip Program

These trips will occur over the rest of the year and into the next year. Dates and schedules will be published in the Clubs newsletter as the year progresses. If you are interested in any of the trips below, please contact Morgan Lewis on 6204005 or email morganl@xtra.co.nz.

1. Expedition to Inner Kaipara harbour from Pahi.
2. Expedition to lower Manukau harbour and Waiuku river from Clarks beach.
3. Expedition to Tauranga harbour from Omokoroa beach.
4. Exploration of coastal region and Kawakawa Bay, Pakiki Is from Orere point.
5. Exploration of Wairoa river, paddle from Ruawai on the rising tide.
6. Expedition to Kawhia harbour, staying at Kawhia beachside S.Cape.
7. Trips Officers dinner at De Niro's , special guest speaker.
8. Exploration of Hen and Chickens Is from Whangarei.
9. Exploration of coastal region, Waikawau, Little Bay and Tuatēawa from Colville.
10. Expedition to Mokohinau Is from Leigh.
11. Exploration of Waihou river from upper reach's to Firth of Thames.
12. Exploration of coastal region from Whananaki to Rimariki Is.
13. Expedition to Poor Knights Is.
14. Exploration of the Rangitaiki river from Murupara to Thornton beach.
15. Expedition to Three Kings Is from Spirits Bay.
16. Expedition to Whanganumu harbour exploring coastal region to Cape Brett, Piercy and Dog Is.
17. Exploration to the Hokianga harbour from Opononi.
18. Expedition to Motiti Is Bay of Plenty from Papamoa beach.
19. Swamp paddle.
20. The Great Waiheke circumnavigation.
21. Urupukapuka and surrounding Is from Rawhiti.

LEIGH TO GOAT ISLAND BEACH

A SUNDAY MORNING PADDLE

BY RON AUGUSTIN

1ST October 1989

Together with John Hotham (Sea Bear I) and Ross Barnett (Puffin), I launched Nancy's Sea Bear I – "Matilda", in Leigh Harbour, and we three paddled round Cape Rodney, North about Goat Island to be met by Nancy on the beach.

This undertaking of this trip was not without some misgivings but John and Ross are very experienced paddlers who had kayaked Auckland – North Cape in stages. I had joined John and Ross from Whangarei to Paihia, and had faith in their abilities and knew we could rely on each other in an emergency.

The commercial fishermen were giving us funny looks as we launched at the dinghy ramp. Why?. The wind on Friday and Saturday had been N.E 40-45 knots, and all the fishing boats were on moorings, but Sunday the wind was only 30 knots (55km hr). At the entrance to Leigh Harbour, the seas were 3 – 4m and with lightly loaded kayaks, turning into the wind was made difficult because we were being lifted and blown backward at the top of each wave.

Nearing the Cape, the seas grew bigger and steeper (the current flows down Pakiri Beach and turns East around the North cliffs of the Cape) creating a wind against tide situation. I estimated the waves at 6m with breaking tops. I counted five lengths of the 5.5m kayak, paddling up the face of the wave ahead.

This fits with predictions of wave height for wind strength and duration given in nautical manuals. We kept about 1 km off shore but even then I was surfed two lengths up the face of the wave of an oncoming sea, by the backwash off the cliffs. One monster curled as I reached the crest and flicked me upwards, then moved from under, leaving my kayak in the air, 6m above the trough. I was sure "Matilda" would break when I hit the water, but she didn't, saving me from an apology to Nancy. Shortly after turning side on, Ross surfed past along the face of a wave. He travelled 200m at approximately 20 knots, with little jets of

water squirting vertically up the sides of his Puffin.

I was concerned about the coming surf landing around the Western end of Goat Island, but it turned out to be a bit of an anticlimax. The huge waves broke first over a reef that lies two fathoms deep on the North Western tip, then broke twice more on inshore reefs, with a final break of 1 – 1.5m on the beach for a safe landing, after 2 hours of strenuous paddling.

This is a delightful paddle with lots of interesting caves to explore on a calm day, but under the conditions described is definitely NOT recommended for Beginner or Intermediate paddlers.

After the prototype, the first five Plywood Sea Bear Kits were owned by:

1. Nancy Augustin
2. Colin Quilter
3. John Hotham
4. Peter Sommerholder
5. Bruce Fletcher

EXERPT FROM BEAUFORT SCALE:

<u>Beaufort</u> <u>Likely Wave</u> <u>Wind Force</u>	<u>Mean Wind</u> <u>Speed(knots)</u>	<u>Met. Office</u> <u>Descriptive</u>	<u>Sea State in</u> <u>Open Ocean</u>	<u>Height (ft)</u>
7	30	Moderate Gale	Sea heaps up. Wind Blown foam. Some spindrift.	13 ½
8	37	Fresh Gale	Moderately high waves. Long streaks of foam. Crests braking into spindrift.	18
9	44	Strong Gale	High waves. Dense foam. Tumbling crests. Exstensive spray.	23

The Foreshore

Hi Paddlers,

I often go to places where Seabed and Foreshore meet and I couldn't help overhearing some of their conversation.

Said the Seabed to the Foreshore
One day when having tea
"I sometimes wonder late at night
Just who owns the sea."

"It seems so independent
It comes and goes at will
It won't put up with ownership
And to whom to send the bill?"

"I feel I'm quite entitled
To know the ins and outs
We're in this thing together
There is no room for doubts."

Said the Foreshore to the Seabed
Putting sandy hand in wet
"We'll always stick together
I don't remember when we met."

The Foreshore answered gravely
And considered Seabed's quest.
"It goes away but twice a day
I'm sure that it knows best."

"But sure as eggs - the kina kind-
There's always you and me
The sea can do just as it likes
Without us, where would it be?"

Carry on paddling, cheers, Mike

Home phone: 09 528 1377

Postal address: P.O. Box 25 131, St Heliers, Auckland

Mobile phone: 025 736 806

email: mike-randall@xtra.co.nz

The Humble Trolley

In succession of the humble trolley poem, I designed a new trolley which we will release under the name 'The Humble Trolley'.

I like to give our club members a peek-preview of 'The Humble Trolley'. Mike gave me permission to use this name and poem for this new product, which is our second trolley developed after the Beach-Chair trolley earlier this year.

The 'Humble' trolley is currently being tested and will be available in October.

As I build these trolleys from home, it is not my intension to make these commercial products and sell these through shops, but sell direct to clubs or members.



- to be the easiest to put your kayak onto,
- to give the best hull support, staying aligned with your kayak,
- to have simple, full adjustable strapping,
- to compete in quality with stainless trolleys on the market and
- to be more affordable

Please visit our updated web site www.cadkey.co.nz or search for kayak trolley on the web.

I like to keep the price a surprise, and hope it will be a pleasant surprice when I announce it.

Best regards, Gerard Boterman

The Beach-chair Trolley is be mainly available in complete kitsets, or parts if people have already e.g. wheel or chair to use.

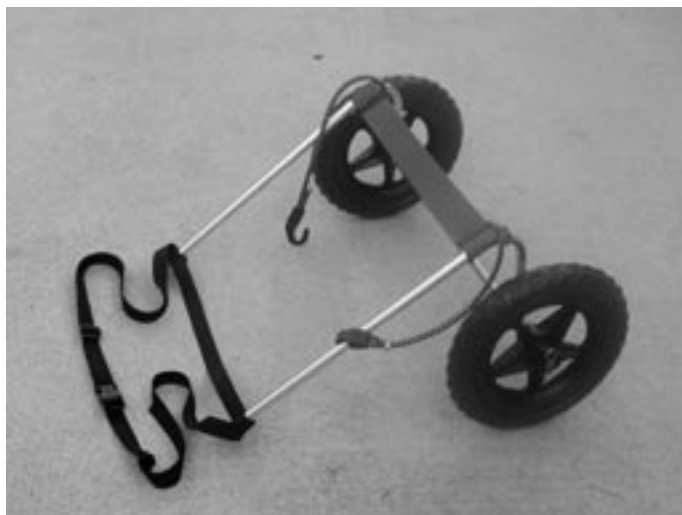
The Humble Trolley will only available assembled delivered to your door if you like.

With the trolley design we have listened to the poem Mike wrote and the feedback we got from fellow kayakers.

We want to call it 'The Humble Trolley', and humble it is, in size, weight and price.

But in performance, simply made out of two tubes and a stainless shaft, the Humble trolley endeavors:

- to be seawater resistant - no rust,
- to be the lightest trolley on the market,
- to be the most compact trolley with minimum frame storage space,



The KASK Cookbook

KASK has been looking at ways it can raise funds to help pay for the assessor and leadership training programmes. One option being explored is the production of a cooking book for sea kayakers. We envisage it will be A5 in size, contain a few brief and informative chapters on topics such as stoves, nutrition, food storage, etc, but the bulk of the book will be recipes.

We are seeking help from all sea kayakers around New Zealand in preparing this book. What we need are recipes and we want them under the following headings: Breakfast, lunch, dinner, dessert, snacks and drinks. We want recipes that can be made in advance of a trip and recipes to make on a trip.

All recipes will be published along with the contributors name and club or network.

This project cannot go ahead unless we have lots of contributions from lots of people. Please submit your recipe to Vincent.Maire@xtra.co.nz or post to Vincent at 7 Motuora Road, Manly, Whangaparaoa, 1463 or fax to (09) 424-0385.

If we receive enough contributions to make a book, it is hoped to publish in the first quarter of 2004.

Vincent Maire, KASK President

Summer will soon be upon us as well as other things for the unwary

I was paddling serenely
One morning out at sea
When I gradually became aware
Of sounds just like a bee

I turned around in time to see
A sight that got my goat
Two jet skiers upon me
Just metres from my boat.

A sudden thought transformed my fright
Into pro active stuff
I'd put an end to all this noise
Kayakers have had enough.

From out of my emergency bag
Came one TV remote
I aimed it at those pesky boats
Their motors quickly choked.

Say what you like about these blokes
And I'm sure you would
They're really very decent
But they're just misunderstood.

They said, "We're truly sorry
For the noise we're apt to make
But jet skis are such spiffing fun
And you've got to give and take."

So we sat and reached a compromise
These jet skiers and me
They said they'd only make a row
When really out at sea.

And in my turn I said that I
Would put the word about
That all jet skiers are very nice
Not one of them are louts.

And what is more, these kindly gents
Said they would come around
To where they'd only paddle boats
And never make a sound.

We hugged each other warmly
As far as boats allow
And went upon our gentle way
Our minds up in the clouds.

I wakened from my dream like trance
Just in time to note
Two jet skiers upon me
Just a fraction from my boat.

Cheers, Mike

Home phone: 09 528 1377

Postal address: P.O. Box 25 131, St Heliers, Auckland

Mobile phone: 025 736 806

email: mike-randall@xtra.co.nz

New Members

The Committee extends a warm welcome to our new members...

Robert, Ilona, Ruby, Melina Askew

Toshiya Babe

Paul Friend

Carolyn McKenzie

Fiona & Sean Oliphant/Duxfield

Patricia Shaw

Warwick, Sally, Stephanie, Rachel, Richard, Jenni Spedding

Peter & Stacy Van der Zouwe/Carston

Paddling companions wanted - November 2003

I am planning a week-long trip across the Bay of Plenty in November, and would like to hear from anyone interested in coming. Yes, I know it seems an odd place to go, (long beaches, surf landings maybe, not much shelter).

But it's the only stretch of coast between North Cape and East Cape I haven't paddled, so that's why. Start at Whangamata, travel east and finish at Opotiki, Te Kaha, or wherever. Paddlers don't need to be fast, but they do need to be confident.

Colin Quilter, tel. 630 2219, email c.quilter@auckland.ac.nz

Deadline for next month's newsletter: 14 October 2003

Send articles to: IanCalhaem@xtra.co.nz

Please include "Newsletter" in the subject.



Sender: Auckland Canoe Club, PO Box 147-282, Ponsonby, Auckland