

Newsletter

August 2003

Hello Folks,

Great input from so many people. Thanks to all the contributors for both the content and for getting the information to me in a timely manner.

It was critical this month as I have not been in Auckland. This is yet another example of remote publishing! - This time from Wanganui/Wellington. I will apoligise in advance for any mistakes that you may find - this issue has been created in a rush as I have been commuting between various hospitals looking after sick relatives.

Cheers,

Jan

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Deadline for next month's newsletter: 9 September 2003

Useful phone numbers and addresses

Club d	address
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Vice President
Patron
Secretary
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Membership
Trips Officer

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50th Anniversary:	Peter Sommerhalder	815 2073
Vine House:	Andrew Frances 021	142 4857
Newsletter Editor	lan Calhaem	579 0512
	lanCalhaem@xtra.co.r	IZ

The Club maintains two e-mail groups:

To subscribe to the discussion list, send a blank e-mail to: For event reminders, send a blank e-mail to: auckland-kayakers-subscribe@yahoogroups.com auckland-canoe-club-subscribe@yahoogroups.com

Where can you go to get training?

Auckland Canoe Centre, phone 815 2073

Basic confidence course, Henderson Pool, Tuesday evenings - \$120 for four sessions.

One-on-One rolling, Henderson Pool, Tuesday evenings - \$149 for three sessions. \$55 for single 90 minute lesson. Multisport Grade 2 Certificate, white water, sea kayaking one and two-day courses run frequently.

Canoe and Kayak, phone 479 1002

Sea Kayaking intro course - Friday pool session, plus Sat/Sun 9 - 5, \$230

Rolling sessions, Northcote College Pool - \$150 for four sessions.

White water, Multisport, Advanced Sea Kayaking, First aid and First aid refresher courses available.

Fergs Kayaks, phone 529 2230

Basic paddling skills - paddle strokes, rescues - Sunday morning, Okahu Bay - \$30 for Club members.

Learn to roll, one-on one, heated pool - \$60 per hour.

White water, and Multisport River Racing courses also available.

George Gerard, phone 814 8989 (hm), 367 0959 (wk).

Pool Training, Kelston Girls, Thursday evenings - \$95 for first three sessions, \$10 thereafter. Intro Sea Kayaking, White water, and Down River Racing courses on request – courses are designed to fit what the participants want - \$100 per day (approx), plus boat hire (\$10 / day)

Outdoor Discoveries Ltd, Chris Gulley, phone 813 3399

Intro skills, overnight at Mahurangi - \$225. Details on web site www.nzkayak.co.nz

Rolling, Surfing, White water and Navigation courses run on request.

Safety Policy for Club Trips.

- 1 Any Club member who has any doubt about whether or not their skills are sufficient for a particular trip MUST contact the trip leader ahead of time to discuss safety issues.
- 2 It is your responsibility to wear a buoyancy aid, to be suitably dressed for the conditions, and to carry any other personal safety equipment necessary for the trip.
- 3 You must make a realistic assessment that your strength and endurance are sufficient for whatever is planned.
- 4 You must be able to re-enter your kayak (with help from another paddler if necessary) after a capsize in deep water.
- 5 With night paddling it is everybody's responsibility to provide their own large lens flashlight, or fixed all-round white light on a one metre high pole, in working order and mounted on the outside of the kayak where it can be seen at all times.
- 6 Use a craft appropriate for the trip. A kayak with water-tight bulkheads is essential for open sea kayaking. Siton kayaks are usually too slow to be able to keep up with sea kayaks, therefore, are not recommended on trips planned for sea kayaks.

Trips and Events Calendar

Remember to contact the trip leader before you set out. This is important because the leader needs to know the capabilities of those who are coming and to be able to contact you if the plan changes. Please be aware that you paddle on a Club trip at your own risk. Read the safety policy (page 2). If there is any chance that you may be a liability to the rest of the group or to the leader be sure to inform the leader of this before you set out.

TRIP CANCELLATIONS

The Club is now using "Newstalk ZB" cancellation service. This can be listened to on 1080AM or 89.4FM.

The service runs on Saturday and Sunday from 7:00am.

This should eliminate the multitude of phone calls to trip leaders when the weather looks suspect.

Regular Evening Paddles

Remember... you MUST have either an all-round white light on a pole, or else a large-lens (eg. Dolphin) torch, in good working condition, mounted on the outside of your kayak. This is actually a legal requirement, so, no light, no paddle. As discussed in a previous Newsletter, the Coastguard, do not recommend the use of flashing lights. It is apparently difficult to judge their distance and they are also used to signify danger. Also, it is advisable before going out on an evening paddle that you attend a basic skills course and ensure you are fit enough to be able to paddle for one hour.

All paddlers MUST provide their own night-lights. All skill levels welcome. Meet at Okahu Bay by 5:30pm, ready to be on the water by 5:45pm. An experienced paddler will be rostered on to look after new/novice/slow paddlers. Fitter and more-experienced paddlers can form their own group(s). Trips usually last 1 – 2 hours, destination dictated by tide, weather conditions and skill levels. Club boats can be hired at the subsidised rates of: \$5 to club members, and \$10 for non-members/guests. (At all other times, Club boat hire is \$20/day or part day, for members and guests.)

August

- 24 August Sunday Maramarua River from State Highway 2 to Mercer Meet at Mercer boat ramp at 0900 to juggle kayaks and cars, leave some cars there, and then drive to where we park in a paddock before paddling down the river (though the Maramarua Swamp). We will go past a 4m diameter Archimedes Screw. Suitable for sea kayaks. An easy three hour paddle. Contact Brian Strid @ (09)2388084
- 31 August Sunday 10:00am Self and assisted rescue training. On these dates the tide is right and we'll have someone rostered on to help.... Contact: Ken Marsh 828 0701
- **30th & 31st August Opoutere Weekend** Attention all New Members If you have not been on a trip consider this one ! Come and explore the beautiful Harbour inlet, less than than 2hr Sth. of Auckland. Options to head out to Islands if weather safe to cross bar, or put in at Whangamata. Consider bringing Mountain bikes, walking boot and fishing rods or just a good book and relax in the peaceful surrounding of Opoutere Youth hostel. Accomdation reserved for 20 -30 from Friday night. Shared Theme dinner Sat night " Lets go Indian " Hostel has small river kayaks to play in too. **Contact; Jackie Hillman 09 634 5042 or 021 303 337** if anyone has spare room for an extra kayak or person to take down- please let Jackie Know Cheers

September

- 2nd September. (Tuesday) Guest Speaker Night at the clubrooms. The ultimate sea kayaking holiday. A Kiwi couple cruise the Mediteranean Coast. Come along to see and hear how Trish and Gerry Maire enjoyed three months of heaven as they explored 1500km of the Turkish Coast. A great travel adventure show that is back again by popular demand. Meet at 7pm for a pre show BBQ and then a 7.30 start. A \$2 door charge covers your supper and helps with a gift for our guest. All welcolme bring a friend. Event organiser Roger Lomas Ph 579-8799
- 6th/7th September Vine House Working Bee Another visitation to paradise is due. Come help us build the stairway. Bring \$5 for dinner. Ring Stephanie for details. Ph 8345 769
- 12 14 September, Expedition to the Southern Manukau harbour and Waiuku river from Clarks beach. A spring time paddle, meet Friday evening after work at Clarks beach holiday park or if you like join us there on Saturday morning. The idea is to spend Saturday paddle up the Waiuku river on the incoming tide, then returning on the outgoing hope fully back to Clarks beach. Make Saturday night a BBQ of BBQ nights If you like at the holiday park. Clarks beach is an easy drive from Auckland, the holiday park has all the mod con's, there is a large coverd and heated swimming pool, all sites cost \$10 per adult. For more details please phone Morgan Lewis on 6204005 or email morganl@xtra.co.nz

- 21 September Sunday The Opuataia Stream beckons you intrepid explorers. From the Klondyke to the Waikato, the Opuatia twists and turns its way through the deep valleys of rugged farmland. Join us when we enter the stream near Onewhero and paddle almost to the main river. This expedition, which will take 3 or 4 hours, is not suitable for sea kayaks because of their length. (there are no rapids). Those of you who do not have a river boat, please contact me in plenty of time so I can help you to get one. We will initially meet at Mercer at 0830 and organise the car shuttle there. Contact Brian Strid @ (09) 2388084
- 27th September, Moving Water Training. Paddle from Waiau Pa to rapids, 11.00am to 3. 30pm. Meet at boat ramp, bring lunch, warm clothes. Small boats preferred but sea Kayaks OK. For more details please phone Ken Marsh on 8280701.

October

Sunday 12 October. Ponui Island Meet at Kawakawa Bay boat ramp at 0830 to paddle around Ponui Island. You must be able to handle both the distance which is in the region of 30km and also the conditions that might arise considering the trip is most unlikely to be cancelled because of weather. Contact Brian Strid @)09) 2388084

Trips Officers Trip Program

- These trips will occur over the rest of the year and into the next year. Dates and chedules will be published in the Clubs newsletter as the year progress. If you are interested in any of the trips below, please contact Morgan Lewis on 6204005 or email morganl@xtra.co.nz.
- 1. Expedition to Inner Kaipara harbour from Pahi.
- 2. Expedition to lower Manukau harbour and Waiuki riverfrom Clarks beach.
- 3. Expedition to Tauranga harbour from Omokoroa beach.
- 4. Exploration of coastal region and Kawakawa Bay, Pakiki Is from Orere point.
- 5. Exploration of Wairoa river, paddle from Ruawai on the rising tide.
- 6. Expedition to Kawhia harbour, staying at Kawhia beachside S.Cape.
- 7. Trips Officers dinner at De Niro's , special guest speaker.
- 8. Exploration of Hen and Chickens Is from Whangarei.
- 9. Exploration of coastal region, Waikawau, Little Bay and Tuateawa from Colville.
- 10. Expedition to Mokohinau Is from Leigh.
- 11. Exploration of Waihou river from upper reach's to Firth of Thames.
- 12. Exploration of coastal region from Whananaki to Rimariki Is.
- 13. Expedition to Poor Knights Is.
- 14. Exploration of the Rangitaiki river from Murupara to Thornton beach.
- 15. Expedition to Three Kings Is from Spirits Bay.
- 16. Expedition to Whanganumu harbour exploring coastal region to Cape Brett, Piercy and Dog Is.
- 17, Exploration to the Hokianga harbour from Opononi.
- 18. Expedition to Motiti Is Bay of Plenty from Papamoa beach.
- 19. Swamp paddle.
- 20. The Great Waiheke circumnavigation.
- 21. Urupukapuka and surrounding Is from Rawhiti.

Pres Sez

KASK has been working to produce a comprehensive training syllabus for New Zealand sea kayakers, and are seeking nominations from networks/clubs/organisations for people who have the potential to be trained as assessors. Our Safety and Training Officer, Ken Marsh, has nominated himself along with Peter Sommerhalder and Mike Randall to take on this role, at least initially. Thanks to Ken, Peter, and Mike for volunteering.

Even though there are a few excellent trips on the calendar, the grid is looking a bit sparse at the moment, so please put your thinking caps on. It's the easy 2-3 hour weekend morning paddles we're short of, so don't be shy and put your hand up for a brunch paddle to Mission Bay or something like that. And a reminder to those who STILL OWE US TRIPS from the leadership course – don't make us ring you!

50th Jubilee

Planning has begun for the jubilee celebrations, which should incorporate events throughout this summer and all of next year. Peter has been putting a lot of work into this (and I won't steal his thunder :-). As part of this, we are also looking more into producing a club website.

Orakei Marina Development

The club will present a submission at the Auckland Regional Council / Auckland City Council hearing on this resource consent application. (This will already have happened by the time you read this). Our position is that we will support the proposal provided that our concerns have been meet. Briefly, these are:

- The clubs requirements (access, storage, parking, club rooms) are not compromised by the development.
- Kayaking activities in the bay and around the marina can be carried out safely.
- The amount of parking is enough to cater for both marina users and other users of the area.
- Public access to the marina perimeter should be a mandatory requirement.
- All interested parties are catered for in an integrated environment.

Mahurangi Bach (Vine House)

We are now in the process of putting together a formal 'application to use or occupy regional park land'. This involves consulting with neighbours and affected parties in the area. The feedback has been great! - the working bees over the past few months have been viewed very positively by the ARC and surrounding neighbours. We will continue to use the house over weekends to do what work we can until the builder occupies the house in November. We are should be helping the builder where required over the early summer. In February (subject to the application process), our 2 year licence to operate and manage the house starts.

Happy paddling - M@ (817 1984, matt@vsl.co.nz)

50 years ACC - Jubilee News

Discussions and research into the club's history are underway. An interim calender of events is emerging and we invite paddlers to register their interest for jubilee participations on the attached form .

A logo has been adopted from old NZCA and Auckland Canoe Club files and will be introduced soon. We are building a website for information and registration to keep the computer literate paddlers informed. Our club newsletter of course will also keep you informed.

Activities

 Oct
 Registration and open day at Okahu Bay Base

 Nov
 Explore Upper Harbour and find the old shelter up the river near Riverhead. Brunch at Riverhead Pub??

 Jan/Feb
 Family day at Sullivans Beach - Opening Vine House

 Feb/March
 Wanganui River Trip

 April/May
 Celebration Dinner in Auckland

Jubilee Projects

The club would like to publish a Jubilee Documentation showing steps of the clubs history. If you have stories or photographs please let me know about it. Also anyone talented in making such a publication is encouraged to contact me.

We are also considering a financial contribution to a club or canoeing related subject. Proposals discussed were sponsorship of canoeing related project, eg Youth Outdoors activity, rescue services, tasks related to the Vine House project. A committee will be set up to assist with the jubilee tasks. Any other worthwile ideas are welcome.

Present and past members, paddlers from other clubs and with Auckland Canoe Club affiliations or interest are invited to fill in the registration enclosed form and return it with the registration fee of \$10. You will then be kept informed of the jubilee celebrations.

I can best be contacted during working hours at Auckland Canoe Centre, phone 815-2073, or by email peter@kayak.co.nz.

Peter Sommerhalder, Chairpman, Jubilee Committee.

Auckland Canoe Club, August 2003

REGISTRATION FORM - 50 Year Jubilee Auckland Canoe Club

Please return the completed form to: Rona Patterson, Secretary ACC, 23 Spinnaker Drive, Te Atatu Peninsular. Cheques for \$10 registration fee should be made out to: Auckland Canoe Club, or fill in credit card details.

Name			
First Name			
Address			
Phone H W	Mobile		
Email			
C/card VISA Mastercard No			
Exp Name on card			
I am interested in Jubilee paddling events	Wanganui River Trip Jubilee Dinner		
other suggestions			
My connetion to ACC is;			
Comments/suggestions:			

16 - 20 May 2004 Auckland Canoe Club 50th Year Celebration

Voyage to the Three Kings Islands

A rare opportunity to paddle about the Three Kings Islands which are 65 km north of Cape Reinga. Enjoy a 5 day voyage from Opua Bay of Islands to the Three Kings Islands and return aboard the working tall ship R. Tucker Thompsom, make it an occasion to be with other fellow canoeist in the Auckland Canoe Clubs 50th Anniversary year at the Three Kings Island.

There is only limited places available on this Club trip, so to avoid disappointment book a place now!!!!!!!, as it will be on a first come bases only. The cost of this trip is \$173.00 per person, per day, which includes the following, accommodation, 3 full meals a day (breakfast, lunch and supper) plus morning tea and coffee.

Payment terms are as follows: 20% deposit (fully refundable), due on booking. 30% payment (10% cancellation fee), due 6 weeks prior to departure.

50% final payment, due on ship's departure from Opua Bay of Islands.

For more details please phone Morgan Lewis on 6204005 or email morganl@xtra.co.nz

The Three kings Islands

New Zealands furtherest point north, 65 km north of Cape Reinga. Known to the ancient Maori, the Islands are called Manawataawhi. The largest of the Islands is named Oo-hau (Great Island), on Oo-hau there is archaeological evidence which shows that the Island had often been occupied in the past.

The first European to see these Islands was the Dutch seafarer Abel Tasman who arrived at Oo-hau on the 5th of January 1643, surviving journal accounts of the visit say that he and is men saw Giants (they had seen thirty or thirty five very tall men on the hilltops, who called to them in rough, loud voices and walked with enormous strides). After a barrage of rocks the Dutch weighed anchor and sailed east into the Pacific.

The next visitors to visit the Three Kings Is was the ill fated expedition of Marion Du Fresne who arrived at the Three kings on the 12th of April 1772, his two ships sailed around Oo-hau, sighting steep cliffs, smoke and vegetation on its summit and some men who in the distance looked very tall (Tasman's so called "Giants")

Today the Three kings Is are known as a major recreational area, where one can go diving and encounter amazing marine life or enjoy catching fish (Giant size), and the Islands also have some pretty interesting plant life such as the Tecomanthe speciosa which was discovered on Oo-hau in 1945.

The R. Tucker Thompson.

The R. Tucker . Thompsom is a traditional gaff-rigged schooner which was built in Mangawhai and launched in 1985, she has the best features of a traditional design, married to the materials of today. Her design is based on the Halibut schooners of the North West American coast which were considered fast, sufficiently fast enough to out -run the law. She is also very sea kindly and easily manned, she has a lofty rig of Oregon spars, Kwila decks and bulwarks with flashes of brass work, there are 2 double cabins and 11 single berths. The galley is designed to cater for 15 crew with a gas stove and boiling water on demand, there is a hot shower and 2 hand basins.

The R. Tucker. Thompson has been built and maintained to the highest standards, the ships currant survey is class seven foreign vessels which means that she can carry passengers around the coast of New Zealand as well as off shore, to places like the Three Kings Islands, to date she has carried over 80,000 passengers on the NZ coast, around the world and the Pacific.

Another stretch of the Waikato

Wednesday night the wife (Linda) says why don't you go kayaking this weekend as we have a few days up our sleeve so I say OK drop me off at Cambridge on Friday morning . She did and after loading my ecobezhig I headed downstream on the Waikato at 8.50am on a glorious winter day ,cold but sunny and soon to warm up. The current was a bit faster than normal which was good and after gliding through Hamilton I was in Ngarawhahia at 1.50pm . I carried on to Taupiri which is 53km from my start point and thought great as I had already done to there before so am now in new territory and paddled on to North of Huntly finding a good campsite opposite Ohinewai on the back of a farm amongst a few trees .

It was a neat little spot and had the usual Pukekos screeching all night and even a couple of possums growling away but you get used to it I think.

The first day was 66km and took 7hrs 20 mins, the plan was for a three day trip but since I got further on the first day than planned I started the second day on the water at 7.50am and headed off again in glorious conditions with a light mist hovering above the surface and difficult to see far in some areas. From here on there are lots of Islands along the way and most you can land on some you could camp on, and all the way along the river there are plenty of spots to camp but there is the occasional few kms of no easy landing mainly due to thick trees along the bank. I passed under the Rangariri bridge and went through Meremere at 11.30, carrying on to Tuakau by 1.20 and stopped for a short rest and decided to carry on as I should have enough energy and daylight to make it (I hope). The current had slowed down noticeably by this stage and progress becomes slower and sluggish . The large Islands become larger but easy to choose which channel to take and there are heaps of white bait shacks along the way once a few kms past Tuakau. At Tauranganui the River divides into many channels ,so I took the left or southern channel and had a gentle current , then had to veer right at the end as it widened out into a vast lake like area . I had been told to watch the shallows but its not easy and ran aground twice before working my way north across the water trying to find deeper water . Once out of the four inch deep stuff off I went and got to Port Waikato at 5.20 after 9 and a half hours to see the red van awaiting for me and off we went for the night at the Port Waikato camp ground . The second day was 74km total trip 140km, I have now done every possible section of the Waikato except going over the Huka falls and this lower section to Port Waikato is the least scenic but has its own character.

Evan Pugh sheepskinsnstuff@xtra.co.nz



KASK MINI-SYMPOSIUM (NORTHLAND)



31ST OCTOBER - 2ND NOVEMBER 2003

This should be a great fully catered weekend for up to 100 recreational paddlers, all for \$100 and just 30 minutes from Whangarei, set against a backdrop of Mt Manaia with a panoramic view of Taurikura Bay. Staying at the Manaia Baptist Camp at Taurikura, about 34 km from Whangarei. The camp has its own safe harbour beach, with Ocean Beach ten minutes away by car. The accommodation consists of a hall building with five rooms containing up to 13 bunks in each (including hall/dining room, toilets and showers), Jensen House (self contained for up to 20 people including small kitchen, fridge, freezer, toilets and shower), two lodges (containing three rooms for up to ten persons in each lodge, sink, zip, stove, fridge, freezer) and plenty of room for anyone wanting to camp (with a separate ablution block available).

Plenty of options throughout the weekend, including -

- Social event Saturday night (including jazz/blues band)
- Exploring Whangarei Harbour, Tuatua collecting, surfing, fishing from your kayak
- Visit Limestone Island with Patrick to track the kiwis, get up close to a kiwi and learn about its habitat (limited to 20 people on a first come first serve basis)
- Use GPS to show the effect of current flow on your paddling. Option of organising two groups of paddlers paddling
 across the Whangarei Harbour mouth to Marsden Point one group will paddle across just heading straight toward
 a certain point, the other group will use the GPS to ferry glide across keeping a straight line. We can then plot the
 tracks on a chart to see the difference. We could have another group paddling straight across a section of deep
 and narrow water to determine the effect of depth on current.
- Search and rescue scenario on Whau Valley Dam
- Walk Mt Manaia for breathtaking views of the Harbour
- Displays places to explore in Northland, gizmos and gadgets, trade displays
- Keynote speakers Paul Caffyn, fishing from your kayak with Steve Tapp (Northland fishing guru), Vincent Maire (KASK training syllabus for New Zealand sea kayakers). (Further speaker, focusing on marine environment, to be confirmed).

A registration form and programme are available by emailing Sue Drake on <u>drakesuenz@yahoo.co.nz</u>. Register early – this is run as a non-profit event. It is managed under the auspices of the Kiwi Association of Sea Kayakers Inc (KASK). KASK is dedicated to promoting and encouraging the sport of sea kayaking.

Winter Training (A Sea Shall, Sea Shan't I)

'Shall I or shan't I?', I ask myself gently'Shall I or shan't I go for a roll?''Shall I or shan't I go for a paddle?''Shall I or shan't I go out in the cold?'

Chorus

Early in the morning out on the water Early in the morning out in the sea Early in the morning playing in my kayak I'm looking forward to a nice cup of tea. The answer is yes, as I put on the wetsuit The garment's all soggy from yesterday's plunge The polyprop's dampish from previous wettings Am I doing all this for my sins to expunge?

The answer is no as I don the lifejacket The answer is no - I do it for fun My sins are forgotten as I put on the spraydeck A bit of a paddle, an hour in the sun.

The water is freezing as I tip over quickly Some sculls to the left and some sculls to the right The water seeps into the leaks in the wetsuit The immediate future doesn't look bright.

The first roll's the worst as I rock the boat over Cold water shock is upmost of mind But after the second and third and the fourth one It's never as bad as you think, don't you find?

Re-entry and roll is next on the agenda The spray deck is off and the water pours in Quick entry, a flick, a sweep and I'm up there My reward is to do it all over again.

It doesn't take long to get cold in this weather So it's out of the boat and out of the sea The real reward comes a little while later All cosy and warm with a nice cup of tea.

(sung to the tune of 'What Shall We Do With the Drunken Sailor', in a jolly and boisterous manner, or to any old tune, for that matter. Instrumental accomplement can be provided at your own risk. Feel free to make up your own choruses, or scrub the lot and start from scratch. Mike)

New Members

The Committee extends a warm welcome to our new members...

Duncan Anderson Gavin Palmer

Graham Hart Graham Parr

Chris & Paulina Kidd Mike Lander Billy & Richard Sheppard/Christianson

Karen Maguigan Barbara & Norman Sutton

Paddling Stewart Island - December 2003

We are planning a trip to Stewart Island December 1st to 10th 2003. Our activities will include 5 day kayaking in paterson Inlet staying in DOC huts; up Freshwater Creek and walking over to Mason's Bay. Day Kayaking trips, Fishing Trips, etc, etc.

Contat Nancye and bobn Lucus Ph 267-5873

Adverts

For Sale:

Barracuda Outbacka double sea kayak, kevlar/polyester, white hull with red/yellow deck, great for all conditions and levels, fast, stable and with plenty of stowage. 6.3 metres long, 37kg, 2 yrs old, good condition, Comes with spray skirts, paddles and pfds if required. All offers over \$3000 considered.

Email oubacka@amanzi.co.nz or call 025 286 0942.

Three new kayaking DVD's

"Getting Started" is the first in a series of Sea Kayaking DVD's by New Zealander John Dowd, former editor and originator of Sea Kayaker Magazine and the Ecomarine shop in Seattle.

Ken Whiting has produced "Whitewater Kayaking" and "Playboating" and "The Kayak Roll" is an incredible teaching tool.

These titles are available on DVD for \$65 from Auckland Canoe Centre. Have a look at them next time you call in.

Wing paddle users or those interested in upgrading their paddles should read the Kayak Paddle Review in the Aug/Sep issue of Multisport magazine. Lots of good information.

Peter Sommerhalder, Auckland Canoe Centre, 502 Sandringham Road, Sandringham, Auckland 1003 New Zealand, Phone 64 9 815-2073, Fax 64 9 815-2074, www.kayak.co.nz

Deadline for next month's newsletter: 9 September 2003

Send articles to:

lanCalhaem@xtra.co.nz

Please include "Newsletter" in the subject.



Sender: Auckland Canoe Club, PO Box 147-282, Ponsonby, Auckland