



# Newsletter

July 2003

Hello Folks,

Well....

The Club has talent ! (as if we didn't already know). Several interesting and challenging submissions for the Newsletter this month. Poems, art work and reports,

Do keep those articles coming. Put pen to paper NOW. The month will fly by and you will need to send those brilliant pieces of literary prose to the editor as soon as possible.

I can accept most formats but this month I did have a failure - I cannot read Macintosh CWK file from OSX.



Cheers,

*Jan*

## In this issue

Useful phone numbers and addresses	2	Trips Officers Trip Program	4
Where can you go to get training?	2	Self and assisted rescue training	4
Safety Policy for Club Trips.	2	Pres Sez	5
Trips and Events Calendar	3	KASK Media Release	5
TRIP CANCELLATIONS	3	Three Peaks Trip Report	6
Regular Evening Paddles	3	In Praise of the Humble Trolley	7
Tuesday, Okahu Bay.	3	Advert	7
July	3	Wanted : Paddlers	7
August	3	New Members	7

Deadline for next month's newsletter: 11 August 2003

# Useful phone numbers and addresses

<b>Club address</b>	PO Box 147-282, Ponsonby, Auckland				
<b>President</b>	Matt Crozier	817 1984	<b>Publicity Officer</b>	Roger Lomas	579 8799
<b>Vice President</b>	Lindsay Sandes	522 3344	<b>Safety &amp; Training</b>	Ken Marsh	828 0701
<b>Patron</b>	Sue Sommerhalder	815 2073	<b>Storage &amp; Club</b>		
<b>Secretary</b>	Rona Patterson	834 3399	<b>Kayaks</b>	Lindsay Sandes	522 3344
<b>Treasurer</b>	Alan Edwards	522 6566	<b>50th Anniversary:</b>	Peter Sommerhalder	815 2073
<b>Membership</b>	Matt Crozier	817 1984	<b>Vine House:</b>	Andrew Frances	021 142 4857
<b>Trips Officer</b>	Morgan Lewis	620 4005	<b>Newsletter Editor</b>	Ian Calhaem	579 0512
	Morganl@xtra.co.nz			IanCalhaem@xtra.co.nz	

The Club maintains two e-mail groups:

To subscribe to the discussion list, send a blank e-mail to: [auckland-kayakers-subscribe@yahoogroups.com](mailto:auckland-kayakers-subscribe@yahoogroups.com)

For event reminders, send a blank e-mail to: [auckland-canoe-club-subscribe@yahoogroups.com](mailto:auckland-canoe-club-subscribe@yahoogroups.com)

## Where can you go to get training?

### **Auckland Canoe Centre, phone 815 2073**

Basic confidence course, Henderson Pool, Tuesday evenings - \$120 for four sessions.

One-on-One rolling, Henderson Pool, Tuesday evenings - \$149 for three sessions. \$55 for single 90 minute lesson.

Multisport Grade 2 Certificate, white water, sea kayaking one and two-day courses run frequently.

### **Canoe and Kayak, phone 479 1002**

Sea Kayaking intro course – Friday pool session, plus Sat/Sun 9 – 5, \$230

Rolling sessions, Northcote College Pool - \$150 for four sessions.

White water, Multisport, Advanced Sea Kayaking, First aid and First aid refresher courses available.

### **Fergs Kayaks, phone 529 2230**

Basic paddling skills – paddle strokes, rescues – Sunday morning, Okahu Bay - \$30 for Club members.

Learn to roll, one-on one, heated pool - \$60 per hour.

White water, and Multisport River Racing courses also available.

### **George Gerard, phone 814 8989 (hm), 367 0959 (wk).**

Pool Training, Kelston Girls, Thursday evenings - \$95 for first three sessions, \$10 thereafter. Intro Sea Kayaking,

White water, and Down River Racing courses on request – courses are designed to fit what the participants want - \$100 per day (approx), plus boat hire (\$10 / day)

### **Outdoor Discoveries Ltd, Chris Gulley, phone 813 3399**

Intro skills, overnight at Mahurangi - \$225. Details on web site [www.nzkayak.co.nz](http://www.nzkayak.co.nz)

Rolling, Surfing, White water and Navigation courses run on request.

## Safety Policy for Club Trips.

- 1 Any Club member who has any doubt about whether or not their skills are sufficient for a particular trip MUST contact the trip leader ahead of time to discuss safety issues.
- 2 It is your responsibility to wear a buoyancy aid, to be suitably dressed for the conditions, and to carry any other personal safety equipment necessary for the trip.
- 3 You must make a realistic assessment that your strength and endurance are sufficient for whatever is planned.
- 4 You must be able to re-enter your kayak (with help from another paddler if necessary) after a capsize in deep water.
- 5 With night paddling it is everybody's responsibility to provide their own large lens flashlight, or fixed all-round white light on a one metre high pole, in working order and mounted on the outside of the kayak where it can be seen at all times.
- 6 Use a craft appropriate for the trip. A kayak with water-tight bulkheads is essential for open sea kayaking. Sit-on kayaks are usually too slow to be able to keep up with sea kayaks, therefore, are not recommended on trips planned for sea kayaks.

# Trips and Events Calendar

Remember to contact the trip leader before you set out. This is important because the leader needs to know the capabilities of those who are coming and to be able to contact you if the plan changes. Please be aware that you paddle on a Club trip at your own risk. Read the safety policy (page 2). If there is any chance that you may be a liability to the rest of the group or to the leader be sure to inform the leader of this before you set out.

## TRIP CANCELLATIONS

The Club is now using "Newstalk ZB" cancellation service. This can be listened to on 1080AM or 89.4FM.

The service runs on Saturday and Sunday from 7:00am.

This should eliminate the multitude of phone calls to trip leaders when the weather looks suspect.

---

## Regular Evening Paddles

---

Remember... you MUST have either an all-round white light on a pole, or else a large-lens (eg. Dolphin) torch, in good working condition, mounted on the outside of your kayak. This is actually a legal requirement, so, no light, no paddle. As discussed in a previous Newsletter, the Coastguard, do not recommend the use of flashing lights. It is apparently difficult to judge their distance and they are also used to signify danger. Also, it is advisable before going out on an evening paddle that you attend a basic skills course and ensure you are fit enough to be able to paddle for one hour.

All paddlers MUST provide their own night-lights. All skill levels welcome. Meet at Okahu Bay by 5:30pm, ready to be on the water by 5:45pm. An experienced paddler will be rostered on to look after new/novice/slow paddlers. Fitter and more-experienced paddlers can form their own group(s). Trips usually last 1 – 2 hours, destination dictated by tide, weather conditions and skill levels. Club boats can be hired at the subsidised rates of: \$5 to club members, and \$10 for non-members/guests. ( At all other times, Club boat hire is \$20/day or part day , for members and guests.)

---

## July

---

**18-20 July - The Three Harbours and Islands Coromandel.** Kick the winter blues and join us on Friday night in Coromandel township. Spend the weekend exploring the Three Harbours and Islands south of Coromandel township (Coromandel, Te Kouma, Manaia, Whanganui Is, Ranigukea Is and Wekarua Is). Catch up with the now local legend Wally Gillmar in the Coromandel Hotel for a night of camaraderie, merriment and mayhem. **For more details please phone Morgan Lewis on 6204005 or email morganl@extra.co.nz.**

**19 July - Geocaching at Motukarakara Island** If you've got a toy GPS and you don't know what to do with it, then try geocaching! Use the GPS to find hidden treasure, and make a swap. There is one hidden on Motukarakara Island, just off Beachlands. Don't worry if you don't have a GPS - we could still do with the extra pairs of eyes! For more info, see [http://www.geocaching.com/seek/cache\\_details.aspx?ID=69222](http://www.geocaching.com/seek/cache_details.aspx?ID=69222) Meet at Cockle Bay at 9am for 9.30 departure. It should only take about 45 minutes to paddle to the island. Listen to 1ZB cancellation service if the weather looks dodgy. Other caches in the vicinity that we can paddle to (if people are still keen!) are 'Mangemangeroa' - [http://www.geocaching.com/seek/cache\\_details.aspx?ID=11202](http://www.geocaching.com/seek/cache_details.aspx?ID=11202) 'River View' - [http://www.geocaching.com/seek/cache\\_details.aspx?ID=51823](http://www.geocaching.com/seek/cache_details.aspx?ID=51823) **Contact Matt Crozier (817 1984 or matt@vsl.co.nz).**

**20 July, 3 August, 17 August, 31 August Sunday 10:00am - Self and assisted rescue training.** On these dates the tide is right and we'll have someone rostered on to help.... **Contact: Ken Marsh 828 0701**

---

## August

---

**3 August, Sunday 10:00am - Self and assisted rescue training.** On these dates the tide is right and we'll have someone rostered on to help.... **Contact: Ken Marsh 828 0701**

**3 August Sunday - Bottle Top Bay Papakura** 12.30pm assemble at Bottle Top Bay Paddle 8k up to the Motorway at Drury. Have an early afternoon tea. Depart with the turn of the tide 2.00pm at the Karaka Road Bridge learn to ferry glide across the currents learn to lean and turn with moving water or play in the rapid that forms with a 4.0 meter tide. Its a neat paddle and a chance to explore a part of the Manukau Harbour that's not often thought of as paddleable. Nothing hard but a great chance to experience moving tidal water! For Details please **phone Garry on 2727748 or 021 898 611 or email gmabey@subaru.co.nz** Come and improve your kayak skills

**4 August - Pool Training** Anyone who would like the opportunity to practice water confidence exercises, support strokes, and rolling in a heated pool. We are looking at scheduling 1 hour sessions in GI Liesure pool on a Monday night 7:30-8:40. We will be carrying small river boats in. So the cost will be \$10 to share a boat, or \$20 for full use of the boat for that time. **Please contact Ken Marsh 09 828 0701.**

**17 August Sunday 10:00am - Self and assisted rescue training.** On these dates the tide is right and we'll have someone rostered on to help.... **Contact: Ken Marsh 828 0701**

**24 August Sunday - Maramarua River from State Highway 2 to Mercer** Meet at Mercer boat ramp at 0900 to juggle kayaks and cars, leave some cars there, and then drive to where we park in a paddock before paddling down the river ( though the Maramarua Swamp ). We will go past a 4m diameter Archimedes Screw. Suitable for sea kayaks. An easy three hour paddle. **Contact Brian Strid @ (09)2388084**

**31 August Sunday 10:00am - Self and assisted rescue training.** On these dates the tide is right and we'll have someone rostered on to help.... **Contact: Ken Marsh 828 0701**

**30th & 31st August - Opoutere Weekend** - Attention all New Members If you have not been on a trip - consider this one ! Come and explore the beautiful Harbour inlet, less than than 2hr Sth. of Auckland. Options to head out to Islands if weather safe to cross bar, or put in at Whangamata. Consider bringing Mountain bikes, walking boot and fishing rods or just a good book and relax in the peaceful surrounding of Opoutere Youth hostel. Accommodation reserved for 20 -30 from Friday night. Shared Theme dinner Sat night " Lets go Indian " Hostel has small river kayaks to play in too. **Contact; Jackie Hillman 09 634 5042 or 021 303 337** if anyone has spare room for an extra kayak or person to take down- please let Jackie Know Cheers

---

## Trips Officers Trip Program

---

These trips will occur over the rest of the year and into the next year. Dates and chedules will be published in the Clubs newsletter as the year progress. If you are interested in any of the trips below, please contact Morgan Lewis on 6204005 or email [morganl@xtra.co.nz](mailto:morganl@xtra.co.nz).

1. Expedition to Inner Kaipara harbour from Pahi.
2. Expedition to lower Manukau harbour and Waiuki river from Clarks beach.
3. Expedition to Tauranga harbour from Omokoroa beach.
4. Exploration of coastal region and Kawakawa Bay, Pakiki Is from Orere point.
5. Exploration of Wairoa river, paddle from Ruawai on the rising tide.
6. Expedition to Kawhia harbour, staying at Kawhia beachside S.Cape.
7. Trips Officers dinner at De Niro's , special guest speaker.
8. Exploration of Hen and Chickens Is from Whangarei.
9. Exploration of coastal region, Waikawau, Little Bay and Tuataewa from Colville.
10. Expedition to Mokohinau Is from Leigh.
11. Exploration of Waihou river from upper reach's to Firth of Thames.
12. Exploration of coastal region from Whananaki to Rimariki Is.
13. Expedition to Poor Knights Is.
14. Exploration of the Rangitaiki river from Murupara to Thornton beach.
15. Expedition to Three Kings Is from Spirits Bay.
16. Expedition to Whanganumu harbour exploring coastal region to Cape Brett, Piercy and Dog Is.
- 17, Exploration to the Hokianga harbour from Opononi.
18. Expedition to Motiti Is Bay of Plenty from Papamoa beach.
19. Swamp paddle.
20. The Great Waiheke circumnavigation.
21. Urupukapuka and surrounding Is from Rawhiti.

---

## Self and assisted rescue training

---

A group of us have been meeting at Okahu Bay to practice self rescue, and try a few scenarios. The sessions are very relaxed and a great opportunity to gain a bit of confidence. All welcome, even if you just want to watch and get a few ideas on what types of rescue work well and which don't. So far, we have been lucky with the weather, but don't come if it's real wet and cold. 20 July, 3 August, 17 August, 31 August. On these dates the tide is right and we'll have someone rostered on to help....

**Contact: Ken Marsh 828 0701**

---

## Pool Training

---

Anyone who would like the opportunity to practice water confidence exercises, support strokes, and rolling in a heated pool, pl contact Ken Marsh 09 828 0701. We are looking at scheduling 1 hour sessions in GI Liesure pool on a Monday night 7:30-8:40. We will be carrying small river boats in. So the cost will be \$10 to share a boat, or \$20 for full use of the boat for that time. Given enough interest we could start on the 4th August.



---

## Pres Sez

---

### Winter Series

The winter talks under way, and I know some people have been hanging out for these. I was disappointed not to be able to attend the first one. Please do let us know if you have something to contribute or especially if you would like to help the club by organising these popular events.

### Training

Ken's winter training sessions are attracting very brave soles - good on those people!! He is also hoping that we can hire a heated pool for some more of these so please let him know if you would go if such a thing were provided.

### Cancellation Service

Trip Leaders - remember that we are able to use the 1ZB cancellation service to notify members of the cancellation of a trip. If you want to make use of this service, tell your interested participants (or include it in your trip description) to listen to 1ZB (1080 AM) at 7am for a cancellation notice. It means you will have to get up extra early to ring 1ZB to make the cancellation. You will need a password and phone number, which you can get from the trips officer, Morgan Lewis.

### Mahurangi Bach (Vine House)

The last working bee was a fairly quiet affair, with only 8 members participating. Not surprising, really, given the forecast of the cost weekend in 3 decades! However, those who were there can attest to glorious sunny weather and perfect shelter from those biting southerlies. We did actually manage to have a productive weekend with more work done on the steps and the 'artwork' removed from the kids room, ready for it's first undercoat (probably already done by now!).

We are interested in any old newsletters that you may no longer want so that we can establish a newsletter archive up at the Bach. The current reading material is somewhat to be desired!

Cheers, M@  
(817 1984, matt@vsl.co.nz)

---

## KASK Media Release

---

Club members contribute to third edition of the KASK Sea Kayaking Handbook

An eye-catching cover, six new chapters and 146 pages of the most up-to-date information available in any book on sea kayaking is now available for purchase.

The continuing popularity of the KASK Handbook has been the reason for the third editions says editor Paul Caffyn.

"The book was first published in 1996 with the second edition appearing two years later. The book has always enjoyed high sales with polytechnics and outdoor pursuits trainers being major purchasers," he says.

In preparing the third edition Paul asked all contributors to revise all their chapters. Contributors were sought for additional chapters on GPS navigation, constructing a sea kayak sail, tidal streams, equipment checklist, kayak cookery plus a comprehensive description of destinations in the Rotorua Lakes region.

The excellent chapter of Kayak Kookery was written by four Auckland Canoe Club members, Rebecca Heap, Ann Schofield, Margaret Thwaites & Alison Wagstaff. Rebecca also has a chapter on designing a sea kayak sail in the handbook.

The resource section of the book has also been updated with new sea kayaks, new guiding companies and new retailers all being listed. There is also a list of sea kayak clubs and networks around New Zealand.

“Over forty people have contributed to the new edition,” says Paul. “All of them are specialists in their respective fields and many are highly skilled expedition sea kayakers. No other book that I have ever seen comes anywhere near to achieving the dept of knowledge as does this one.”

The third edition of the KASK Sea Kayaking Handbook (it has a photograph of Nelson’s Bevan Walker in Thompson Sound on the cover) is now available at kayak stores or via the KASK website, [www.kask.co.nz](http://www.kask.co.nz) <<http://www.kask.co.nz>> . The recommended retail price is \$24.95. By joining KASK new members get the book for free. A membership form can be downloaded from the KASK website.

Vincent Maire  
Mob: 025 276 6032

Ph: (649) 424 2293  
Fax: (649) 424 0385  
Email: [vincent.maire@xtra.co.nz](mailto:vincent.maire@xtra.co.nz)

---

## Three Peaks Trip Report

---

In which Ryan and his chums summit the three great peaks of the inner harbour and arrive home tired but happy.

*On a stormy day in winter  
We set out to do our best  
To climb the peaks of Auckland.  
The wind was in the West.*

*That special Isle we love so well  
Received us from the chop.  
It took us quite a while  
To make it to the top.*

*The plan to scale these rugged peaks  
Of Brown, Rangitoto, North Head  
Was hatched in the mind of Ryan.  
We should have stayed in bed.*

*The view was great, the waxeyes tame  
Our lunch was all we'd hoped for,  
But soon the time arrived to start  
The paddle for the North Shore.*

*'It won't take long', our leader cried,  
'To knock the bastards off,  
We'll all be home by teatime'.  
We had no heart to scoff.*

*Up till now we had been blessed  
With wind and tide O.K  
But thirty knots the Coastguard said.  
North Head looked far away.*

*I caught them up at Kohi  
As they paddled for the Isle.  
That mighty peak rose up in front.  
It didn't make us smile.*

*Eventually we landed  
One more peak to make it three  
Up quick and down and in the boats  
We paddled home for tea.*

*One down and off we set again  
Into a threatening sea  
This time for Rangitoto.  
I could only think of tea.*

Thanks to Ryan, the trip leader, and chums John, Ian and Lindsay. Roger we lost somewhere near St Heliers to the call of the latte, so I believe.  
Mike

---

## *In Praise of the Humble Trolley*

---

*A trolley is a marvelous toy  
Don't leave the thing behind  
Especially when the tide is out  
And paddling's on your mind.*

*Yes, scorned as wimpish years ago  
When we were young and strong  
But now the boats are heavier  
And the tooth a little long.*

*The perfect trolley, not yet made,  
Sits underneath the boat  
And magically retracts itself  
When you are well afloat.*

*But until then we'll thank our stars  
That trolleys were invented.  
And thanks to those who make the things  
To keep our backs from being bented.*

*Yep, all in all, a trolley's great  
What more is there to say,  
You can go paddling alone  
At any time of day.*

**Mike Randell**

Home phone: 09 528 1377

Postal address: P.O. Box 25 131, St Heliers,  
Auckland

Mobile phone: 025 736 806

email: [mike-randall@xtra.co.nz](mailto:mike-randall@xtra.co.nz)

---

## **New Members**

---

The Committee extends a warm welcome to our new members...

Barbara & Norman Sutton

---

## **Advert**

---

### **Wanted : Paddlers**

Any paddlers out there available midweek? - or any other day for that matter.  
I do shiftwork, 4 days on, 4 days off, so I often have days off midweek and  
no one to play with as everyone else is doing that horrible 8-5 thing. If  
you are keen for a day out sea kayaking, or a blast in the surf (not too  
big) in whitewater boats, let me know.

Juliet Fitzpatrick. [ju\\_grum@hotmail.com](mailto:ju_grum@hotmail.com)

ph 528 1399

mobile 021 503366

**Deadline for next month's newsletter: 11 August 2003**

Send articles to: [IanCalhaem@xtra.co.nz](mailto:IanCalhaem@xtra.co.nz)



**Sender:** Auckland Canoe Club, PO Box 147-282, Ponsonby, Auckland