



AUCKLAND CANOE CLUB NEWSLETTER

September 1998

Happy springtime to you all!

I'm a bit out of action at the moment, recovering from a foot operation. I would tell you what I've had done to me, but you'd stop reading this Newsletter at that point and all the rest of what I'm going to write would be wasted. I can't bear the thought.

Anyway I'm feeling rather frustrated. I'm a terrible patient. Confining someone who usually rushes around at 100 kph to an armchair is bad news.

At least my surgeon was sympathetic. He told me not to try running for six weeks; hell, I can't even put my foot on the ground, let alone run on it. But it was kind of him to allow that I'd be keen to go running. He said kayaking or swimming would be fine. That's good, except that I wouldn't be able to operate my rudder, and I have a fearful swing to the right when I paddle so I desperately need to use my left (injured) foot to operate that foot pedal to remedy that. As for swimming, I wouldn't be able to walk from the changing rooms to the poolside.

So I spend my days thinking how nice the water must be, and driving along Tamaki Drive seeing how nice the water is. Then I put the Teletubbies video on again for my two year old and settle down to another gin. Sorry, I shouldn't really have let that slip out. But I do dilute it with tonic sometimes. By 3pm I'm either very cheerful or fast asleep. Either way I have a problem getting to school to pick up the kids.

Life can be pretty hard in the slow lane.

At the same time I am supposed to be house hunting. That's all the exercise I am currently allowing myself. You'd be amazed how staircases suddenly seem so much steeper and driveways suddenly seem so much longer. All the houses that were too small are suddenly far too big. But I am still able to comment on the availability of kayak storage so I haven't lost my sanity altogether. Most houses seem to be terribly lacking in this most basic of requirements.

I even bumped into my foot surgeon (don't take this too literally; I move too slowly to bump into anyone) at an Open Home. So that's how he was planning to spend all my money.

So I go home and look longingly at my kayak, which has been in the garage for what seems like forever. Oh well, in a few months I'll be fit and healthy again, and able to go out and injure myself. Now it's back to the gin. Sorry, I mean videos!

Yours in paddling (with a limp)

Julia

Your Club Officers

President Trevor Arthur 817 7357
Secretary.....Margaret Thwaites 292 7883
Canoe hire/storage..... Bruce Bugbee 570 1134(day)
Editor..... Julia Thorn 575 3099
Sunday paddles..... Matt Crozier 276 7049
White water..... George Gerard 818 5066

CALENDAR SEPT - OCT

19 Sept Picnic with Neal Join Neal Wilson for another of his successful day trips, geared to the novice and intermediate paddler. Destination will depend on weather and participants. Bring lunch.

Neal can be contacted on 846 1429.

18/19/20 September Motutapu Island

Join us for the weekend at Administration Bay on the northern side of Motutapu Island. This is a great winter destination, far enough from Auckland to feel remote, and close enough to reach in 2 or 3 hours paddling. Plus comfortable bunkhouse-style accommodation, hot showers, all kitchen facilities, etc.

Two departures are planned: the first from Okahu Bay on Friday evening, (so as to allow all of Saturday for an extended day trip to the Noisies Islands), and the second from Okahu Bay on Saturday morning. Return to Auckland will be on Sunday afternoon. **You must ring Trevor Arthur 8177357** to get details of departure times and confirm your place. Bring \$15 per night, sleeping bag, pillow, towel, your own food and kitchen cleaning materials. All other kitchen facilities are provided. See you there!

PS A third departure time of Friday morning is now planned too.

Please let the trip leader know if you would like to come as we must have sufficient numbers to cover the minimum charge for renting the lodge on both nights.

20 Sept ASKNET trip to Waionui Inlet, Kaipara Harbour

Meet at South Head Hall in Donaghue Road off South Head Road at 9.30am (about 25 minutes from the Parakai turn off in Helensville). The trip leader will organise a car swap, and paddlers will launch onto the Kaipara Harbour and follow the coastline until entering the Waionui Inlet past South Head, which is famous for its birdlife. Then the plan is to return to the cars and drive a

few kilometres to Lake Ototoa which is beautiful and filled with birds; two or three hours will be spent on this lake. There may be time for a stop at the hot pools on the way home.

The trip is suitable for all skill levels.

Contact Boyd Goodwin for details (be sure to let him know if you are coming), tel 09 420 2578 or 025 872 569.

26 Sept Sea Kayak Race 5 km and 10 km courses. Meet outside our downstairs Clubroom (behind Fergs Kayaks on the ramp) at 8 am for briefing and handicapping. Everyone is welcome, regardless of ability or type of sea kayak. There'll be a barbecue afterwards and a chance to sample Matt Grant's pancakes. Cost is \$5.

Contact Grant Stone 473 6658, Matt Grant 524 2108 or Roger Lomas 625 8924.

This is to be repeated on October 10.

27 Sept ASKNET trip Puhoi River A popular paddle. Meet at Wenderholm at 9.30 for 10 am departure. Paddle up with the tide, which peaks at 11.40. Have lunch in Puhoi and look around the place. Return with the tide to Wenderholm.

Contact Grant Stone for details, tel 473 6658.

27 Sept Tuakau to Port Waikato This is the final stage of Auckland Canoe Centre's journey along the full length of the Waikato. Distance is approx 25 km. Meet 10 am at Tuakau Port Waikato Bridge in the public park.

As this is the last leg, the day's paddling will be followed by a barbecue and other festivities, at a charge of \$12 to \$15.

Contact Peter Sommerhalder or Mike Hayes for more details, and please let them know if you aim to attend the barbecue so catering can be planned, tel 815 2073.

2/3/4 October Weekend at Whangapoua Stay at a bach and explore this lovely part of the Coromandel. There are caves up the coastline, a big harbour to paddle in and lots of surf to play on. There's even good walks if the weather is no good for paddling.

The plan is to drive down on Friday night. There are beds for four and space for camping on the lawn, so you can see it would pay to book early to be sure of the accommodation you require.

Contact Margaret Thwaites for more info, tel 292 7883.

4 October APCC race Tuakau- Mercer-Tuakau This is about 30 km and starts at Tuakau Bridge at 10.30 am. Contact North Shore Canoe Club.

6 October Club Night These Club Nights are proving to be successful so come along and find out why. Tonight the menu features soup and a barbecue starting at 7 pm, followed by videos, slides and two guest speakers; our own Peter Sommerhalder and Laurie Bugbee will present *Canoe Adventures on the South Nahanni River of northwestern Canada*.

Supper will be served afterwards and you have time to chat with the speakers.

The venue is our Clubrooms above Ferg's Kayaks at Okahu Bay. Cost is \$5. More details from Ray Clark tel 818 9609.

10 October Sea Kayak Race 5 km and 10 km courses. Meet outside our downstairs Clubroom (behind Fergs Kayaks on the ramp) at 8 am for briefing and handicapping. Everyone is welcome, regardless of ability or type of sea kayak. There'll be a barbecue afterwards. Cost is \$5.

Contact Grant Stone 473 6658, Matt Grant 524 2108 or Roger Lomas 625 8924.

11 October Into the heart of darkness Well that caught your attention didn't it! The trip leader fancied a good name and this is what he came up with. No offence to the residents of Silverdale.

Meet at 9.30 am at Arkles Bay on the Whangaparoa for a 10 am departure, to paddle up the Weiti River to Silverdale. Should take about two hours. After lunch or a browse around Silverdale's factory shops return to Arkles Bay with the outgoing tide to be back about 3.30 pm.

Contact Matt Grant tel 524 2108 or 021 610 604.

10/ 11 October National Marathon Canoe Champs This is organised by Canoe Racing New Zealand, contact Blair Roskruge tel 626 2066.

24 October Picnic with Neal Join Neal Wilson for another of his successful day trips, geared to the novice and intermediate paddler. Destination will depend on weather and participants. Bring lunch.

Neal can be contacted on 846 1429.

8 November Clevedon Caper Come and support YOUR CLUB'S race! We all know the wind was abysmal last year but this year conditions are bound to be perfect. Entry form is attached to this Newsletter. Offers of help with running the event would be gratefully received by Bruce Bugbee.

REGULAR EVENTS

Evening paddles occur on Tuesdays and Thursdays at 5.30pm from Okahu Bay. You can simply turn up for these trips, and if you want to hire a kayak you should phone Bruce Bugbee 570 1134. We try to have a Committee member there for these paddles, but excuse us if it isn't always possible.

Organised Club Sunday morning paddles from Okahu Bay don't seem to be drawing much of a crowd these days so we've decided to can them until the summer.

Kayak hire arrangements for the weekend remain as for weekday paddles, and Trevor Arthur can also arrange assistance with this. Phone 817 7357.

AUCKLAND CANOE CLUB MEMBERSHIP APPLICATION FORM

New Member

Rejoining

Surname:

First Name (s) (IF FAMILY, PLEASE LIST ALL NAMES):

.....

Address:

.....

Phone (HOME): (WORK):

Occupation:

Do you own a canoe? Yes No

If yes — please list type (s):

.....

Briefly state your experience in canoeing?

.....

.....

Please circle the branches of canoeing you are most interested in:

- | | | | |
|---------|--------------|------------------|----------------------|
| Slalom | Whitewater | Surf | Polo |
| Touring | Sea Kayaking | Flatwater Racing | Long Distance Racing |

Nominated by: Seconded by:

FEES FOR YEAR ENDING 31.3.99 — PLEASE CIRCLE THE FEE BEING PAID!

Junior \$15 Senior \$25 Family \$30 Associate member \$15

TOTAL AMOUNT ENCLOSED: \$

To comply with the Privacy Act 1993, the Club is required to get permission from members to gather and publish personal details such as names, addresses, phone numbers etc. This information will only be used in newsletters and published on the current member phone list. Therefore could you please read and fill out the form below.

I agree / disagree to let the Auckland Canoe Club publish my name, address, phone number or any other information concerning me in the Club newsletter or to the National Canoe Association. I accept responsibility for correcting this information where applicable.

Signed: Name (PLEASE PRINT):

Date:

Please return to: The Treasurer, Auckland Canoe Club Inc., P.O. Box 3523, Auckland.